

Baylor  
Medicine

# INTRAGASTRIC BALLOONS

The weight loss balloon (also called the intragastric balloon) is a simple, non-surgical outpatient procedure. Gastric balloons are an option for people who need to lose weight but do not qualify for weight loss surgery. Also recommended for patients who need to lose weight to reduce surgical risks before a complex operation.

## WEIGHT LOSS WITH GASTRIC BALLOON

The main effect of the balloon is that it slows the passage of food and liquid through the stomach, while also making the patient feel full quicker because of the space it occupies in the stomach. The average stomach is approximately 1.5L in volume, and so the average balloon (filled to 650 mL) reduces the volume of the stomach by less than 50%.

The weight loss balloon is placed in the stomach for six months, after which it is removed, but the patient continues to follow up for 6 more months, such that the program is a total of 12 months long. Patients must be willing to follow a 12-month managed weight-loss program — beginning with the placement of the balloon and continuing for six months after it is removed. **On average, a person loses three times more weight** with the weight loss balloon than with diet and exercise alone.

## HEALTH BENEFITS

Improvements in weight related conditions like

- ✓ Diabetes
- ✓ Hypertension
- ✓ Heart Disease
- ✓ Joint Pain

## ADVANTAGES

- ✓ No surgery Required!
- ✓ Reduced Desire to Eat
- ✓ Temporary & Completely Reversible
- ✓ Simple & Quick to Place

**SCHEDULE AN APPOINTMENT TODAY AT 713.798.6673**

*Not all insurance payers provide coverage for this procedure.  
Please contact 713.798.6673 to verify if you have coverage for this procedure.*

**There's Every Reason to Choose Baylor Medicine.**