# Expression of Vitamin D Receptor Pathway Genes in Subcutaneous Adipose Tissue of Obese Individuals



<sup>1</sup>Division of Diabetes and Endocrinology, Department of Pediatrics, Baylor College of Medicine, Texas Children's Hospital, Houston, Texas. <sup>2</sup>Division of Nutrition, Department of Pediatrics, Baylor College of Medicine, Houston, Texas. <sup>3</sup> Children's Nutrition Research Center, Houston, TX

# INTRODUCTION

- Approximately 50% of pediatric patients in the U.S. have vitamin D deficiency.
- Obesity and vitamin D deficiency are uniquely associated with hypertension, elevated fasting glucoses, and increased risk of metabolic syndrome.
- Increasing prevalence of pediatric obesity correlates with many more children with low 250HD levels.
- 250HD levels correlate with other physiological markers of vitamin D effects in lean individuals but not obese individuals.
- Obese patients with low 250HD commonly have no improvement in levels despite high doses of vitamin D treatment.

#### Is measuring a storage form of vitamin D in these individuals a true reflection of vitamin D action in the body?

**Significance:** Provide foundational knowledge to understand if expression of Vitamin D Receptor (VDR)target genes may be used as reference standard for vitamin D status in body

**Hypothesis:** VDR-target gene expression in obese individuals will:

- Correlate with each other in subcutaneous adipose tissue.
- 2. Will not correlate with circulating vitamin D levels.

### METHODS

- Study Description: Secondary analysis of patients that underwent bariatric surgery from 2004 to 2019 at Texas Children's Hospital under a previously consented protocol.
- Eligibility Criteria: Obese adolescents ages 13-18 years old that underwent bariatric surgery at TCH.
- Data Collection: age at time of surgery, gender, race/ethnicity, BMI, 20 mL blood sample during surgery, and subcutaneous adipose tissue sample collected during surgery.
- **Tissue Analysis:** RT-PCR for levels of VDR-target gene expression that will be normalized to average of 2 housekeeping genes (Table 1).

Housekeepir

GAPDH

RPLP0

VDR-target of

VDR

CYP24A1

PPARγ

TLR4

THBD

**Table 1: Genes Chosen for Analysis** 

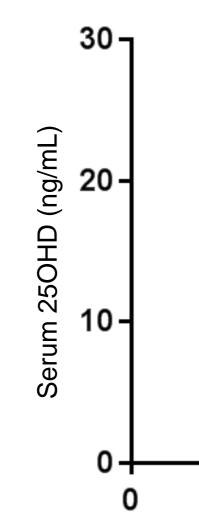


Figure 1. BMI vs Serum 250HD Levels

<sup>1,3</sup>Olivia Z.B. Ginnard, D.O. and <sup>1,2,3</sup>Stephanie R. Sisley, M.D.

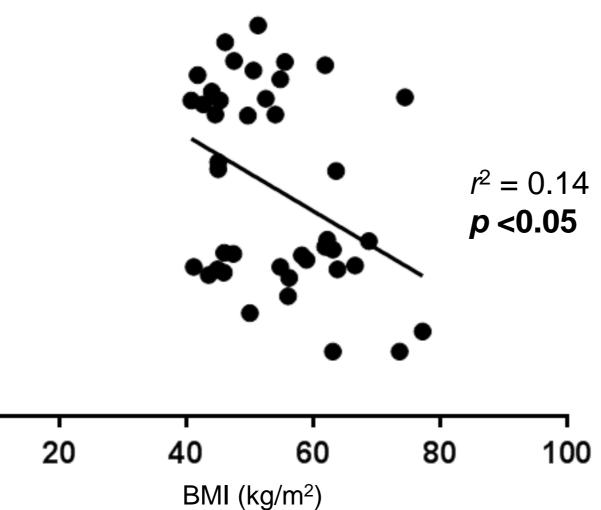
## **METHODS**

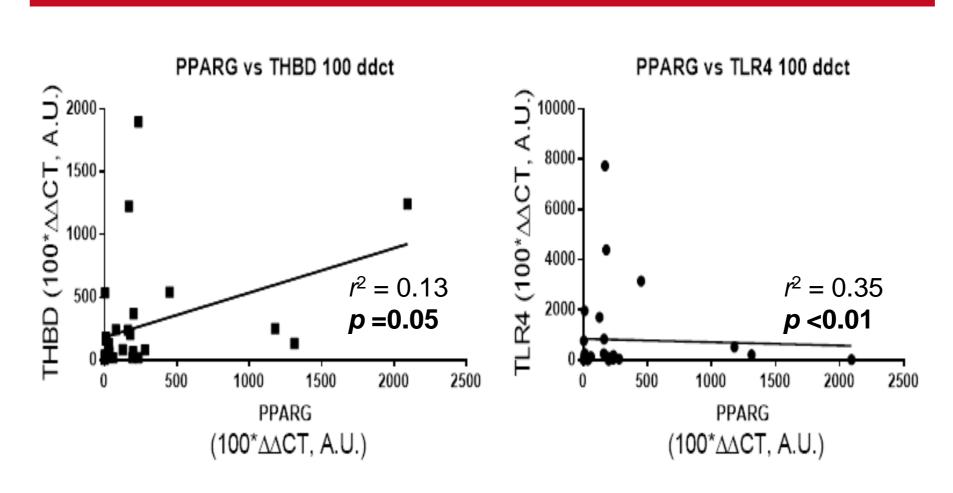
#### Adipose Tissue

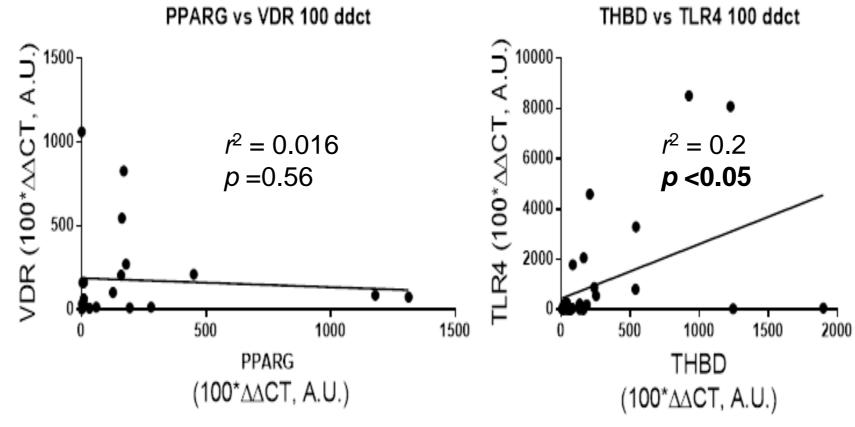
ng genes		
	Х	
	Х	
genes		
	Х	
	Х	
	Х	
	Х	
	Х	
s Choson for Analysis		

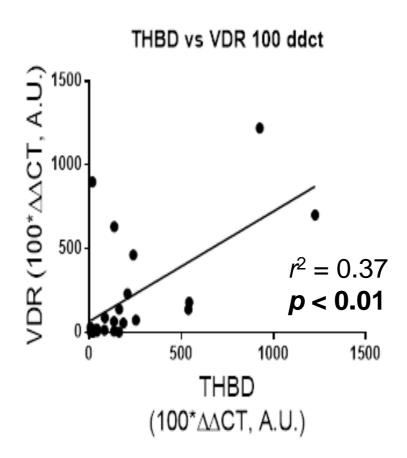
#### RESULTS

#### BMI vs 250HD





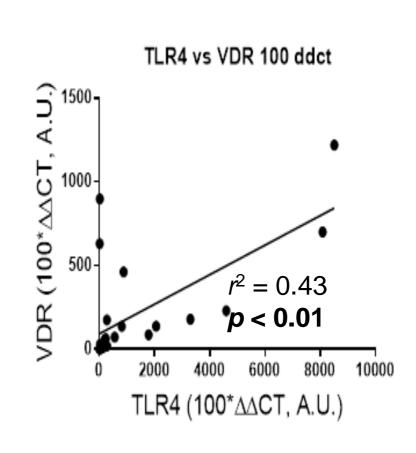


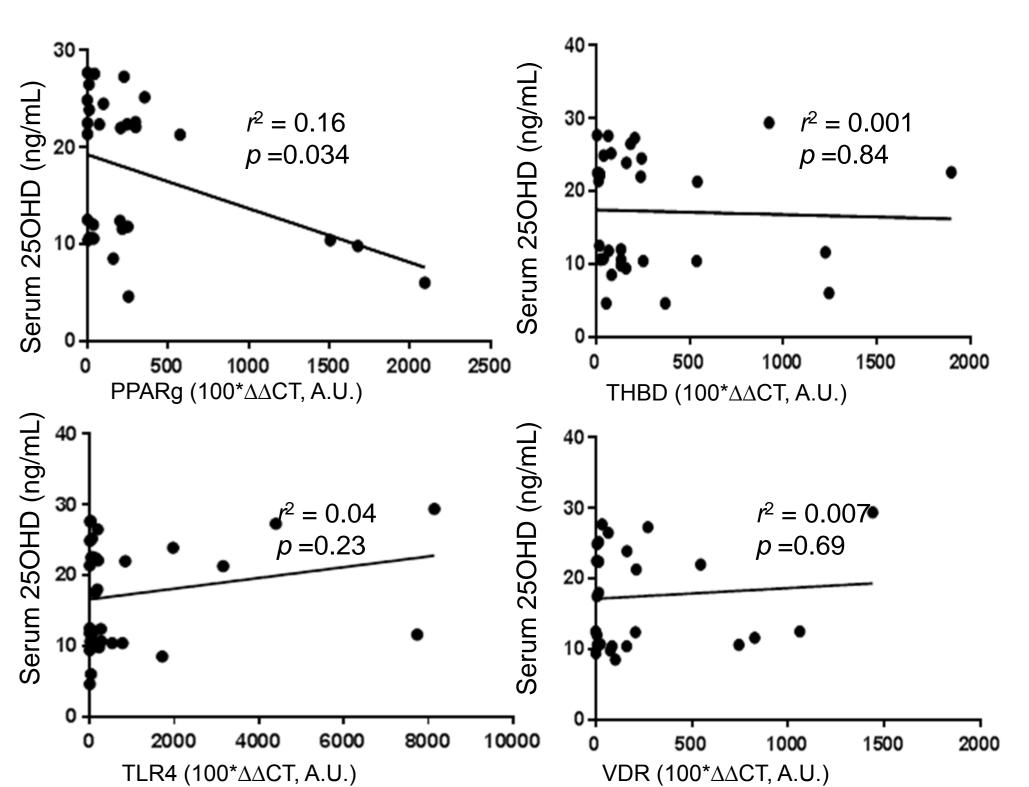


**Figures 2-6. Gene Expression Correlations (Gene vs Gene)** 

## RESULTS

THBD vs TLR4 100 ddct





RESULTS

**Figures 7-10. Gene Expression vs Serum 250HD Levels** 

### CONCLUSIONS

- Preliminary findings: VDR-target gene expression correlates with each other but not with circulating serum 25(OH)D levels
- 25(OH)D levels may not indicate levels of vitamin D action and may not be appropriate indicator of vitamin D deficiency in obesity



