

# Sally's First Mission Plan

Step	Anxiety Rating 0-10 OR Easy   Medium   Hard	Reward/Brave Bucks
Sally asks her good friend Joana to borrow a pencil	2	1 brave buck
Sally asks her classmate, Rita, who she does not know well, to borrow a pencil	3	2 brave bucks
Sally sits next to Rita during lunch	4	3 brave bucks
Sally texts Rita a funny meme	5	4 brave bucks
Sally makes friendly chat with Rita during breaks	6	6 brave bucks
Sally asks Rita if she wants to meet at the mall to hang out	7	7 brave bucks
Sally asks Rita if she wants to come over to her house to watch a movie together	7	7 brave bucks
Sally invites Rita for a sleepover	8	8 brave bucks
Sally joins the rest of Rita's friends during lunch and makes conversation with the group	10	10 brave bucks