

Sally's Mission Plan

Step	Anxiety Rating 0-10 OR Easy Medium Hard	Reward/Brave Bucks
Sally watches a video of a toilet flushing or a hand dryer turning on with the sound very low.	1	1 brave buck
Sally listens to audio of toilets flushing and hand dryers turning on from outside of the bathroom at home.	5	2 brave bucks
Sally listens to audio of toilets flushing and hand dryers turning on while in the bathroom at home.	5	2 brave bucks
Sally goes inside a public restroom that is a single person restroom and does not have an automatic toilet or automatic hand dryer (she does not have to use the restroom).	6	3 brave bucks
Sally uses a single person public restroom that does not have an automatic toilet or automatic hand dryer.	7	3 brave bucks

Step	Anxiety Rating 0-10 OR Easy Medium Hard	Reward/Brave Bucks
<p>With her mom and while wearing noise cancelling headphones, Sally goes inside a single person public restroom that does have an automatic toilet or automatic hand dryer (she does not have to use the restroom), mom will wash and dry her hands.</p>	8	4 brave bucks
<p>With her mom and while wearing noise cancelling headphones, Sally goes inside a single person public restroom that does have an automatic toilet and automatic hand dryer (she does not have to use the restroom), mom will flush the toilet.</p>	8	4 brave bucks
<p>With her mom and while wearing noise cancelling headphones, Sally goes inside a single person public restroom that does have an automatic toilet and automatic hand dryer. Sally will wash and dry her hands (but does not have to use the restroom).</p>	9	5 brave bucks
<p>While wearing noise cancelling headphones, Sally goes inside a single person public restroom that does have an automatic toilet and automatic hand dryer. Sally will use the restroom and wash and dry hands.</p>	9	5 brave bucks