## Sally's Second Mission Plan

| Step | Anxiety Rating $0-10$ <br> OR <br> Easy \| Medium | Hard | Reward/Brave Bucks |
| :---: | :---: | :---: |
| Sally uses 5 pumps of soap when washing hands. | 3 | 3 brave bucks |
| Sally uses I pump of soap when washing hands. | 5 | 5 brave bucks |
| Sally does not check with her parents that her hands are clean after washing them. | 5 | 7 brave bucks |
| Sally touches a doorknob and waits one hour to wash her hands. | 6 | 8 brave bucks |
| Sally does not wash her hands after touching dirty laundry. | 7 | 10 brave bucks |
| Sally drinks from a cup in the evening that she used in the morning. | 8 | 12 brave bucks |
| Sally drinks from a cup that she used last night. | 9 | 15 brave bucks |

