



THURSDAY, MAY 30, 2024 | 10 A.M. - 4 P.M.

**Certified/Licensed Athletic Trainers, P.T., M.D. • \$60/person
Arthrex Conference Center • 1771 Cross Point Ave., Houston, TX 77054**

CONTINUING EDUCATION UNITS (CEU'S)



Baylor College of Medicine (BOC AP#: P10104) is approved by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This event offers a BOC Approved six hours of Category A CEU's.

LEARNING OBJECTIVES

- Review and discuss hip injuries in the younger athlete/patient, surgical intervention, and return to play criteria.
- Review the anatomy of scapulothoracic disorders, discuss current treatments and recovery process.
- Discuss and consider different types of ankle fracture care including surgical intervention.
- Review common foot injuries and be able to demonstrate emerging therapy techniques.
- Demonstrate and put into practice physical therapy techniques for the spine.

REGISTRATION

To register, you must complete the online registration form and provide payment by Wednesday, May 29 at bit.ly/sports-med-symposium. You may also register day of the event by cash or check only.

Registration Cancellation Policy:

To cancel your registration, email Leah Palmer at leah.palmer@bcm.edu before Wednesday, May 29. You will receive an email to confirm your cancellation. Any refunds may be subject to a \$25 fee.

SYMPOSIUM AGENDA

9 - 10 A.M.

Registration and Check-in

10 - 10:45 A.M.

My Time With The Olympics

Dr. Bruce Moseley

10:45 - 11:45 A.M.

Labral Tears and Femoral Acetabular Impingement of the Hip: Evaluation and Treatment

Dr. Phillip Williams

11:45 A.M. - 12:45 P.M.

Scapulothoracic Disorders

Dr. Adil Ahmed

12:45 - 2 P.M.

Ankle Trauma; Fracture Management and Treatment with Lab

Dr. Douglas R. Dirschl

2 - 3 P.M.

Toe Yoga, The Answer to All Your Foot Problems

Marcus Knox, PT

3 - 4 P.M.

Bracing, Hollowing and Implications for Spinal Stabilization Exercises

Michael Pile, PT

PRESENTER CREDENTIALS

J. Bruce Moseley, MD

Program Director, Sports Medicine Fellowship
Orthopedic Surgery, Sports Medicine
Baylor College of Medicine

Phillip Nyamekye Williams, MD

Assistant Professor
Assoc. Program Dir., Sports Medicine Fellowship
Orthopedic Surgery
Baylor College of Medicine

Adil Shahzad Ahmed, MD

Assistant Professor
Shoulder, Elbow, Hand and Nerve Surgeon
Baylor College of Medicine

Douglas R. Dirschl, MD, FAOA, FAAOS, FiOTA

Chairman/Professor
Orthopedic Surgery
Baylor College of Medicine

Marcus Fredrick Knox, PT, DPT, FAAOMPT

Physical Therapist
Orthopedic Surgery
Baylor College of Medicine

Michael Pile PT, DPT, MSPT, OCS

Physical Therapist
Orthopedic Surgery
Baylor College of Medicine