

George's Motivation Boosters

| Rewards | Points |
|---|--------|
| Buy a new medieval fantasy book | 15 |
| Set aside some time to listen to a new record from my favorite band | 5 |
| Have a relaxing evening watching my favorite movie | 3 |
| Go to my favorite restaurant with a friend | 8 |
| Get 1 hour extra screen time for my favorite videogame | 6 |
| Visit the medieval exhibit in the museum | 12 |
| Spend some time on a new interest/hobby one evening | 5 |

Sophia's Motivation Boosters

| Rewards | Points |
|---|--------|
| Have a spa day (paint my nails, put on a face mask, etc.) | 10 |
| Start an art project I've been wanting to try | 6 |
| I get to choose the movie for family movie night | 3 |
| Spend the evening reading my favorite comic book series | 8 |
| Start a new anime series I've been wanting to watch | 5 |
| Buy a new outfit at the mall | 20 |
| Get some new items for my art supplies collection | 15 |