Are you the parent of an autistic child with anxiety?

Baylor College of Medicine



Baylor College of Medicine is conducting a study providing anxiety treatment designed to fit the needs of autistic children (aged 11-17). The treatment is a form of internet-based cognitive-behavioral therapy (CBT).

Who is eligible?

- Autistic child aged 11-17 with anxiety, worries, fears, phobias
- Parents speak English/Spanish
- Reside in **Texas**

How to enroll?

What happens?

- 12 weeks of...
 internet-based, selfguided CBT with virtual
 support from a therapist
 at no cost
- 3 clinical assessments with up to \$300 compensation

- Email us...

 <u>AnxietyAndASD@bcm.edu</u>
- Or visit this link...

 https://redcap.link/luna-a
- Or scan the QR code

