

SLEEP, ENERGETICS and BONE HEALTH STUDY



How does sleep affect Bone Health?

What is involved in this study?

Bone and body composition scan, fitness assessment,
sleep study and blood tests

Who's eligible?

Ages 12-17 years old

Normal weight or overweight
early or late sleeper.

Compensation provided.

If interested call
713-798-7136
or email
youthbonehealth@bcm.edu
or find out more:

