

MoviPrep® Patient Instructions for Colonoscopy Preparation

To hear these instructions in English, Spanish, or Vietnamese, call 713-798-2777.

You are scheduled for a colonoscopy on _____ at _____.

You may need to stop taking these medications BEFORE your test.

| | |
|------------------------|---------------------------|
| Iron Pills | Persantine (dipyridamole) |
| Brilinta (ticagrelor) | Plavix (clopidogrel) |
| Coumadin (warfarin) | Pradaxa (dapigatran) |
| Effient (prasugrel) | Savaysa (edoxaban) |
| Eliquis (apixaban) | Ticlid (ticlopidine) |
| Fondaparinux (arixtra) | Xarelto (rivaroxaban) |

Check with the doctor or pharmacist who orders your medications to see if you can stop before the procedure.

The DAY BEFORE your test _____:

DO NOT EAT ANY FOOD THE DAY BEFORE YOUR TEST. DRINK CLEAR LIQUIDS ALL DAY (nothing red or purple). IF YOU EAT YOU WILL NOT BE READY for the procedure and procedure will not be done. CLEAR LIQUIDS are any liquid you can see through: water, tea, apple juice, chicken broth, Sprite, Jello, Gatorade, Powerade, Ensure clear, popsicles without fruit or ice cream, coffee without creamer or milk.

Step 1: Mix the 1st MoviPrep® dose.

Empty 1 pouch “A” and 1 pouch “B” into the disposable container. Add lukewarm drinking water to the top line of the container. Mix to dissolve and keep it refrigerated.

Step 2: Drink the first dose at 6 PM.

Start drinking the solution. The prep container is divided by 4 marks. Every 15 minutes drink down to the next mark until the liquid is completely gone.

Step 3: Drink 2 cups or 16 oz. of any clear liquid of your choice over the next 1 hour. This is necessary step to ensure adequate hydration and effective prep. Continue to drink clear liquids until you start the 2nd dose of MoviPrep® the next morning.

MoviPrep® gives you diarrhea. Stay close to a toilet.

DAY OF your test _____:

DO NOT EAT FOOD, CHEW GUM OR EAT CANDY.

TAKE YOUR MEDICATIONS AS INSTRUCTED.

Step 1: Mix the 2nd MoviPrep® dose.

Follow the same instructions as those for mixing the 1st dose.

Step 2: Start drinking 2nd dose 4 hours before your arrival time, _____.

Start drinking the solution. The prep container is divided by 4 marks. Every 15 minutes drink the solution down to the next mark until the solution is completely gone.

Step 3: You must drink 2 cups or 16 oz. of clear liquids over the next 1 hour.

Step 4: Stop drinking clear liquids and finish prep 2 hours before your arrival time. DO NOT DRINK ANYTHING ELSE or your procedure will be cancelled.

IMPORTANT!

- The DAY OF your test you MUST HAVE an adult with you to drive you home. You MUST HAVE an adult with you if you ride the bus, taxi, Uber, or arrange medical transportation.
- NO EXCEPTIONS CAN BE MADE. THIS IS FOR YOUR SAFETY.
- Plan to spend 1/2 of the day at your appointment.

AFTER your test:

- You may spend 30-60 minutes in the recovery room.
- You may have gas or bloating after the test. Pass gas to feel normal.
- Do not drive this day, sign legal documents, or operate heavy equipment.
- Have someone with you for 24 hours after the procedure.
- If you have stomach pain, bleeding, or any other unusual symptoms, please call Ask My Nurse at 713-634-1110. Experienced nurses are available to help you and answer your questions 24/7 daily.



To view a video with tips for preparing go to:
www.bcm.edu/cprit/MoviPrep