

# GERIATRICS

for Primary Care Providers  
& Hospitalists

October 30<sup>th</sup> 2021

9:00 am to 1:15 pm CST



Approved for ABIM MOC &  
AMA PRA Category 1 Credits™.

Excellence Compassion Longevity

## Live Virtual CME Learn from Anywhere

Review of relevant and timely topics encountered in the care of the older adults

### Course Directors:

- S. N. Imam, M.D.
- Angela Catic, M.D. MEd

Baylor Chief of Geriatrics: Aanand Naik, M.D.  
Houston VA Chief of Geriatrics: S. Battar, M.D.  
Methodist Chief of Geriatrics: G. Taffet, M.D.

## REGISTRATION

Online is Open

<https://cpd.education.bcm.edu/geriatrics2021>



THE MARGARET M. AND ALBERT B. ALKIE  
DEPARTMENT OF  
MEDICINE  
GERIATRICS  
& PALLIATIVE  
MEDICINE



MICHAEL E. DeBAKEY  
VETERANS AFFAIRS  
MEDICAL CENTER



Jointly provided by Baylor College of Medicine and the Michael E. DeBakey VA Medical Center

## **COURSE DESCRIPTION**

This 4-hour course is designed to educate primary care providers and hospitalists with a diverse patient population to manage common geriatric presentations effectively. The course will focus on geriatric clinical issues commonly encountered in both inpatient and outpatient care settings. This will be presented didactically by geriatric faculty nationally recognized for their expertise in chronic disease management, and will involve best practice strategies and education through case studies and lectures. A 1 hour CME for ethics is included. Each session will include time for questions and answers and an audience response system will allow immediate feedback regarding CME test questions. A full syllabus of educational materials will be provided.

## **WHY SHOULD I ATTEND?**

The need for care for older adults has never been bigger, and it is only growing. The combination of the aging of the Baby Boom population and an increase in life expectancy will mean that older adults make up a much larger percentage of the U.S. population than ever before. It is estimated that we will need 20,000 board certified geriatricians to take care of 14 million older Americans. However there are currently less than 8,000 board certified Geriatricians to serve this need. The Institute of Medicine's landmark report, *Retooling for an Aging America: Building the Health Care Workforce*, states "unless action is taken immediately, the health care workforce will lack the capacity to meet the needs of older patients in the future." Primary Care continues to be the backbone of medical care for older Americans, and it is important to understand geriatric principles in order to provide the best care for our older adults. The purpose of this interactive course is for non-Geriatricians to learn to effectively identify, evaluate, and treat conditions unique to the elderly.

## **TARGET AUDIENCE**

Primary Care Providers, Internists, Family Medicine Practitioners, Hospitalists, General Medicine, Nurse Practitioners, and Physician Assistants.

## **OBJECTIVES**

At the conclusion of the conference, participants should be able to:

- Apply current evidence-based concepts in geriatric medicine to daily practice caring for elders
- Identify psychosocial problems and ethical issues in decision-making
- Diagnose and manage the major geriatric syndromes
- Identify basic principles of geriatric medicine, transition of care and Optimizing Prescribing in Older Adults.

## **EDUCATIONAL METHODS**

Virtual Live Lecture ▪ Audience Response ▪ Question and Answer Session

## **EVALUATION**

Evaluation by online questionnaire will address program content, presentation, and possible bias.

## **ACCREDITATION/CREDIT DESIGNATION Physician**

### ***AMA PRA Category 1 Credit™***

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 4 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The ethics presentation, *Ethics/Decision Making*, has been designated by Baylor College of Medicine for 1.00 credit of education in medical ethics and/or professional responsibility.

**ABIM MOC Points**

Successful completion of this CME activity enables the participant to earn up to 4 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC points.

**NOTICE**

Audio or videotaping is prohibited without written permission from the Activity Director and the Office of Continuing Medical Education, Baylor College of Medicine, Houston, Texas. Faculty, topics, program schedule and credits are subject to change.

**DISCLOSURE POLICY**

In order to meet the requirements of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of Baylor College of Medicine (BCM) that all individuals who are in a position to control the content of the CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests. All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, current and objectively presented. Specific disclosure will be made to the participants prior to the educational activity.

**FEE, REGISTRATION, AND CONFIRMATION INFORMATION**

Refer to the registration form for the fee schedule. Your registration will not be processed until payment is received. Your registration will be confirmed. If you have not received confirmation at least 10 business days before the activity start date, contact us [cpd@bcm.edu](mailto:cpd@bcm.edu) immediately.

To register/pay online visit the activity website at <https://cpd.education.bcm.edu/geriatrics2021> and follow the instructions

Your registration will not be processed until payment is received. Your registration will be confirmed. If you have not received confirmation at least 10 business days before the activity start date, contact us [cpd@bcm.edu](mailto:cpd@bcm.edu) immediately.

**Cancellation/Refund Policy**

Requests for registration refunds must be in writing and received by the us at least 10 business days before the activity begins. The date the request is received by the Baylor Geriatrics for Primary Care & Hospitalists, will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a \$25 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be emailed to [cpd@bcm.edu](mailto:cpd@bcm.edu)

The Baylor Geriatrics for Primary Care & Hospitalists reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form followed by written notification. If an activity is cancelled, Baylor Geriatrics for Primary Care & Hospitalists Course's liability is limited to the registration fee paid.

## COURSE DIRECTORS

### **Syed Nasrat Imam, M.D.**

Associate Professor  
Medicine-Geriatrics and Palliative Medicine  
Baylor College of Medicine  
Medical Director, Connected Care  
Michael E. DeBakey VA Medical Center, Houston, Texas

### **Angela Catic, M.D. MEd**

Assistant Professor and Fellowship Program Director  
Medicine-Geriatrics and Palliative Medicine  
Baylor College of Medicine  
Co-PI, Southeast Texas GWEP  
Staff Physician, Michael E. DeBakey VA Medical Center, Houston

## CHIEF OF GERIATRICS

### **Aanand Naik, M.D.**

Professor and Section Chief  
Medicine-Geriatrics and Palliative Medicine  
Baylor College of Medicine

### **Saraswathy Battar, M.D.**

Medical Director, Geriatrics and Extended Care  
Michael E. DeBakey VA Medical Center, Houston, Texas  
Associate Professor, Medicine-Geriatrics and Palliative Medicine  
Baylor College of Medicine

### **George Taffet, M.D.**

Professor of Medicine  
Cornel/Methodist Houston, Texas

## PLANNING COMMITTEE:

<b>Syed Nasrat Imam, M.D.</b> Associate Professor Medicine-Geriatrics and Palliative Medicine Baylor College of Medicine	<b>Angela Catic, M.D. MEd</b> Assistant Professor Medicine-Geriatrics and Palliative Medicine Baylor College of Medicine	<b>Aanand Naik, M.D.</b> Professor and Section Chief Medicine-Geriatrics and Palliative Medicine Baylor College of Medicine
<b>Saraswathy Battar, M.D.</b> Medical Director Geriatrics & Extended Care Michael E. DeBakey VA Medical Center	<b>George Taffet, M.D.</b> Professor of Medicine Cornell/Houston Methodist Hospital	<b>Holly Holmes M.D.</b> Associate Professor of Medicine McGovern School of Medicine

## ADVISORY BOARD:

<b>Jennifer Ouellet, M.D. MHPE</b> Assistant Professor, Geriatric Medicine Yale University	<b>Holly Holmes M.D.</b> Associate Professor of Medicine McGovern School of Medicine	<b>Arun Rajan M.B.B.S</b> Associate Professor of Medicine Baylor College of Medicine
<b>Robert Roush, Ed.D, M.P.H.</b> Professor of Geriatrics Baylor College of Medicine		



## Geriatrics for Primary Care Providers and Hospitalists

### Live Interactive CME

#### Agenda

#### Common Session: [From 9 am to 12:05 pm]

Topic	Speaker
Welcome	<b>Angela Catic, M.D. MEd</b> Assistant Professor Medicine-Geriatrics and Palliative Medicine Baylor College of Medicine
Tribute to Carmel B. Dyer MD, FACP, AGSF	<b>Aanand Naik, M.D.</b> Professor and Section Chief Medicine-Geriatrics and Palliative Medicine Baylor College of Medicine
Keys to Capacity Evaluation	<b>Aanand Naik, M.D.</b>
Age-Friendly Health Systems/4Ms	<b>Angela Catic, M.D. MEd</b>
Rapid Geriatric Assessment	<b>Aanand Naik, M.D.</b>
Optimizing Prescribing in Older Adults	<b>Julianna Fernandez, Pharm. D., BCGP</b> Assistant Department Chair, Pharmacy Practice and Translational Research. Houston Methodist Hospital
Depression in Older Adults	<b>Ali Abbas Asghar-Ali, MD</b> Associate Professor Baylor College of Medicine
Management of Dementia Related Behaviors	<b>Angela Catic, M.D. MEd</b>

#### Breakout group – Primary Care [From 12:15 pm to 1:15 pm]

Topic	Speaker
Dementia Treatment - Where to Start, Where to Stop	<b>Angela Catic, M.D. MEd</b>
Clinical Impact of Physiological Changes of Aging	<b>George Taffet, M.D.</b> Professor of Medicine Baylor College of Medicine Cornell/Houston Methodist Hospital

#### Breakout Group – Hospitalists [From 12:15 pm to 1:15 pm]

Topic	Speaker
Delirium Prevention and Management	<b>Jennifer Ouellet, M.D.</b> Assistant Professor Geriatric Internal Medicine Yale University
Transition of Care	<b>Julia Hiner, M.D.</b> Assistant Professor Geriatrics and Palliative Medicine McGovern Medical School  <b>Crystal Walter, MPA, MSW, LCSW</b> Sr. Social Worker Center for Healthy Aging & Bellaire Multi-Specialty Clinic

Topic	Learning Objectives
Keys to Capacity Evaluation	<ol style="list-style-type: none"> <li>1. Learners will be able to describe the two components for determining a vulnerable older adults' capacity to live safely and independently in the community.</li> <li>2. Learners will be able to identify assessment tools that can be used to screen for older adults' capacity to live safely and independently in the community.</li> </ol>
Age-Friendly Health Systems/4Ms	<ol style="list-style-type: none"> <li>1. Be familiar with the impetus for age-friendly systems of care</li> <li>2. Understand the 4Ms which make up age-friendly care (matters most, mentation, mobility, and medication)</li> <li>3. Understand the steps to recognition</li> </ol>
Rapid Geriatric Assessment	<ol style="list-style-type: none"> <li>1. Understand the utility of incorporating elements of geriatric assessment into primary care visits with older adults.</li> <li>2. Be familiar with brief, high-yield geriatric assessment tools which can be used in busy primary care settings.</li> <li>3. Recognize how the results of a brief geriatric assessment can be used to modify care for older adults, including referring for physical therapy and a full geriatric evaluation.</li> </ol>
Optimizing Prescribing in Older Adults	<ol style="list-style-type: none"> <li>1. Provide overview of medication prescribing practices in aging patients in the USA</li> <li>2. Familiarize learners with current recommendations (eg. Beers criteria/STOPP/START criteria) regarding prescribing in aging patients</li> <li>3. Discuss how medication reconciliation and the process of deprescribing can help to optimize medication use in the aging population</li> </ol>
Depression in Older Adults	<ol style="list-style-type: none"> <li>1. Distinguish between Major Depressive Disorder &amp; Minor Depression in older adults.</li> <li>2. Describe risk factors for depressive illnesses in older adults.</li> <li>3. Be aware of evidence-based treatments for older adult depression.</li> </ol>
Management of Dementia Related Behaviors	<ol style="list-style-type: none"> <li>1. Be familiar with the most common psychotic and nonpsychotic behavioral and psychological symptoms of dementia</li> <li>2. Understand common nonpharmacologic treatment measures which can be implemented in the acute care setting to address behavioral and psychological symptoms of dementia.</li> <li>3. Recognize when pharmacologic therapy may be indicated to address behavioral and psychological symptoms of dementia in the acute care setting</li> </ol>

#### Breakout groups (Hospitalists)

Topic	Learning Objectives
Transitions of Care	<ol style="list-style-type: none"> <li>1. Recognize patients who are at risk for complex transitions</li> <li>2. Identify challenges to post-discharge transitions</li> <li>3. Discuss system-based solutions for effective care transitions.</li> </ol>
Delirium Prevention and Management	<ol style="list-style-type: none"> <li>1. Recognize the predisposing risk factors for development of delirium in older adults.</li> <li>2. Implement appropriate non-pharmacologic preventive or treatment plans for delirium.</li> <li>3. Understand significant delirium-related outcomes in older adults.</li> </ol>

#### Breakout groups (Primary Care)

Topic	Learning Objectives
Dementia Treatment: When to Start, When to Stop	<ol style="list-style-type: none"> <li>1. Be familiar with FDA prescribing guidelines for the most common pharmacologic treatments for dementia (acetylcholinesterase inhibitors and memantine)</li> <li>2. Understand how to address the risks/benefits of initiating pharmacologic dementia treatment with older adults and their families</li> <li>3. Recognize the common indications for discontinuing pharmacologic dementia treatments and possible impacts on older adults with dementia</li> </ol>
Clinical Impact of Physiological Changes of Aging	<ol style="list-style-type: none"> <li>1. To understand how age-related changes can alter presentation of disease</li> <li>2. To discuss age-related changes that impact communication with older people</li> <li>3. To recognize the overlap between aging and diseases</li> </ol>

## Online Registration Form

- Name \*
- Degree \*
- Email \*
- Attendee Type: (Select one) \*
- ABIM MOC desired: \*
- Month and Year of Birth required if you will be requesting ABIM MOC:
- Specialty
- Address
- Street Address
- Street Address Line 2
- City
- State / Province
- Postal / Zip Code
- Professional License Number
- Professional License State
- National Provider Identifier (NPI)
- Cell Phone
- Other Phone

First Name				Last Name			
MD	DO	NP	PA	SW	Resident	Fellow	Student

Physician   Nurse   Social Worker   Dentist   Other   Healthcare Professional  
Medical Student   Fellow   Resident   Patient   Family Member/Caregiver

Yes    No

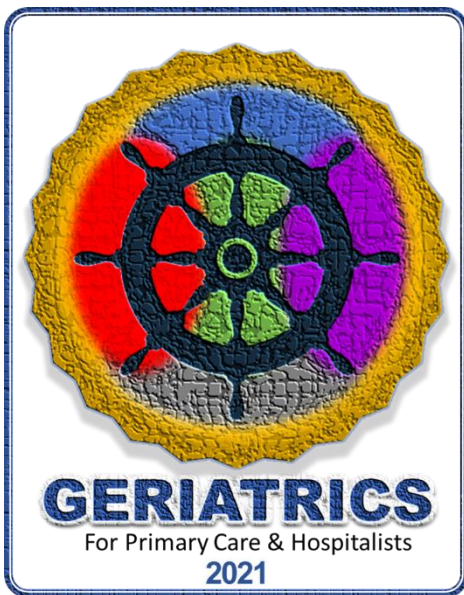
MM/YYYY

[illegible]

\*Required

**Payment:** Once you click submit you will be taken to an online credit card form to make payment for \$69. Your registration isn't finalized and confirmed until payment is made.

Submit



Jointly provided by  
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# Navigating Older Adult Care Together

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