

ANNUAL GLOBAL MENTAL HEALTH CONFERENCE

HEALING AND BEYOND: PATHWAYS
FOR POST-TRAUMATIC GROWTH

ANNUAL GLOBAL MENTAL HEALTH CONFERENCE

PROGRAM AT A GLANCE

BREAKFAST & REGISTRATION	8:45 AM – 9:15 AM
OPENING REMARKS	9:15 AM – 9:30 AM
KEYNOTE SPEAKER	9:30 AM – 10:05 AM
SPECIAL PANEL SESSION	10:10 AM – 11:25 AM
NETWORKING LUNCH	11:30 AM – 12:30 PM
POSTER SESSION	11:30 AM – 12:30 PM
BREAKOUT SESSION I	12:35 PM – 1:15 PM
BREAKOUT SESSION II	1:20 PM – 2:00 PM
BREAKOUT SESSION III	2:05 PM – 2:45 PM
KEYNOTE SPEAKER	3:00 PM – 3:35 PM
CLOSING REMARKS	3:40 PM – 4:00 PM

PROGRAM

BREAKFAST & REGISTRATION

8:45AM - 9:15AM

OPENING REMARKS

9:15AM - 9:30 AM

Main Hall

Asim Shah, M.D.

Executive Vice Chair, BCM

Department of Psychiatry

Sophia Banu, M.D. & Mollie Gordon, M.D.

*Co-Directors for BCM Psychiatry's Global
Mental Health Division*

AM KEYNOTE

9:30 AM - 10:05 AM

Main Hall

*Investing in Humanity: Bridging Capital and
Compassion to Combat Genocide*

John Montgomery

Bridgeway Foundation

SPECIAL PANEL SESSION

10:10 AM - 11:25 AM

Main Hall

*Accidental Sisters: Collaborative
Storytelling, Collective Farming, & a New
American Dream*

Kimberly Meyer, PhD

Esperance Chibalonza

Meredith Kohut

Ndjabuka Francine Murhebwa

NETWORKING LUNCH

11:30 AM - 12:30 PM

Main Hall

POSTER SESSIONS

11:30 AM - 12:30 PM

Poster Session Area

KEYNOTE

Baylor
College of
Medicine

PSYCHIATRY &
BEHAVIORAL
SCIENCES



John Montgomery

Kigali Genocide Memorial

John is the founder and board member of the Bridgeway Foundation, through which he carries out some of his most important life goals. These include giving back to the community, investing in future generations and building on the efforts of others for reconciliation, human rights and the fight against genocide.

PROGRAM

BREAKOUT SESSIONS I

12:35 PM – 1:15 PM

Main Hall/Mental Health Track

The Role of Spirituality and Resilience as Stepping Stones for Post-Traumatic Growth

Cynthia Conner, LCSW

Medical Track

Migration, Climate Change and Health

Hani Serag, M.D., MPH, Sarah Siddiqui, M.D., MPH & Arlene Macdonald, PhD

Legal Track

Trauma-Informed Immigration Legal Services

Chiqui Sanchez & Liz Hoefer

BREAKOUT SESSIONS II

1:20 PM – 2:00 PM

Main Hall/Mental Health Track

Cognitive Processing Therapy for Middle Eastern Victims of Trauma

Dina Abdelrahman, LCSW

Medical Track

Healthcare Access and Mental Health Status among Immigrants and Refugees in Texas

Judith Guittierez, M.D.

Legal Track

Promoting Belonging through Holistic Immigrant Services

Vickie Slater Giambra, Monica Alzate, PhD, Marissa Barrera, Elizabeth Hasse

SPECIAL PANEL



ACCIDENTAL SISTERS: COLLABORATIVE STORYTELLING, COLLECTIVE FARMING, & A NEW AMERICAN DREAM

In this panel, **Dr. Kimberly Meyer** discusses the process of writing her book, *Accidental Sisters: Refugee Women Struggling Together for a New American Dream*, and the post-traumatic growth it documents, culminating in the farm that she and **Esperance Chibalonza**, one of the women in it, helped found and now help collectively manage—Shamba Ya Amani / The Farm of Peace, a project of FAM Houston. She will be joined by Chibalonza, as well as by award-winning photographer, **Meridith Kohut**, who took the cover photo for the book as well as portraits of each of the women in it; and by **Ndjabuka Francine Murhebwa**, who helps run FAM Houston's Pamoja Program. At the center of both the work of the book and the farm is a sisterhood, which offers a new vision for a more healing way forward for our country.

PROGRAM

BREAKOUT SESSIONS III

2:05 PM – 2:45 PM

Main Hall/Mental Health Track

Trauma in Latinx Immigrant Youth & Families: Prevalence & Consequences

Amanda Venta, PhD

Medical Track

Deleterious Health Effects of Immigration Detention and Solitary Confinement

J. Wesley Boyd, M.D., PhD

Legal Track

Vignettes on ‘Victims’ of Mass Atrocity: What Transitional Justice Mechanisms Offer (and what they do not)

Ben Fleming, PhD

PM KEYNOTE

3:00 PM – 3:35 PM

Main Hall

From Adversity to Ninja Warrior: A Journey of Survival, Strength, and the Power of Play

Sam Sann

American Ninja Warrior

CLOSING REMARKS

3:40 PM – 4:00 PM

Main Hall

KEYNOTE

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SCIENCES



Sam Sann

American Ninja Warrior

Sam Sann is a Cambodian refugee and genocide survivor. After relocating to Houston, he went on to compete on ten seasons of "American Ninja Warrior," inspiring many with his performances. Sam recently opened Apex Ninja Warriors, a gym dedicated to nurturing young athletes, emphasizing growth and the joy of play, turning his past challenges into a source of empowerment for others.

PEOPLE OF THE CONFERENCE



SOPHIA BANU, MD
CHAIR



MOLLIE GORDON, MD
CHAIR



KOMAL NATHANI, MD
MAIN ORGANIZER



DANIA ALBABA, MD
MAIN ORGANIZER



MAKRAM HAIDAR, MD
MAIN ORGANIZER

MC: BEKIR ARTUKOGLU, M.D.

**PLANNING COMMITTEE: HAANI TAI, ISABEL DRAPER, KARISSA CHESKY, NIKITA
GIDH, RAPHA ONYEKA, SAMIA DAGHESTANI,
LAUREN CERDA, ADITH RAM**