Identifying and Addressing Moral Distress and Burnout

Objectives: At the conclusion of the session, the participants should be able to:

- Demonstrate an awareness of clinical situations that often create moral distress.
- Describe the process for distinguishing moral distress from other types of distress.
- Identify and apply strategies for addressing moral distress among all members of the healthcare team.
Target Audience and Needs: Staff physicians and other allied health professionals at the Baylor St. Luke's Medical Center need to be regularly updated on the guidelines and challenges related to ethics consultation, clinical ethics practice, and the role of ethics in shared clinical decision-making. The series aims to increase knowledge of the learners in these topic areas, and to provide the skills and tools for their implementation in clinical practice in order to enhance the quality of patient care.

Educational Methods: Educational methods will include lectures and panel discussion.

Activity Evaluation: Participants may be asked to complete a session evaluation.

CME Accreditation/Credit Designation: Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 1.0AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This activity has been designated by Baylor College of Medicine for 1 credit of education in medical ethics and/or professional responsibility.

Social Work: Baylor College of Medicine, Division of Continuing Professional Development (License Number 7270 is an approved continuing education provider for Social Workers through the Texas State Board of Social Worker Examiners. This activity has been approved for 1 continuing education unit.

Financial Disclosure: The following are reports of relationships with commercial interests by those individuals who are in the position to control the content of this activity.

Disclosure of Financial Relationships

Relevant Financial Relationships with Ineligible Companies: All relevant financial relationships listed have been mitigated.

None.

No Financial Relationships with Ineligible Companies: Nothing to disclose.

Planning Committee Members: Emma Cooke, MD; Andrew Childress, PhD; Savitri Fedson, MD; David Garvis, PhD; Claire Horner, JD, MA.

Presenters: Sophia Fantus, PhD, MSW; Colleen M. Gallagher, PhD, LSW.

Confidentiality Acknowledgement: This regularly scheduled series (RSS), planned by/presented to the institution’s professional staff, is accredited by Baylor College of Medicine (BCM) forAMA PRA Category 1 Credit™ for physicians. In connection with my participation in this RSS, I understand that I may be exposed to patient information, research participant information, and/or proprietary information (collectively referred to as “Confidential Information”). I agree to keep this information confidential and not to disclose the information to any other person or entity unless in accordance with applicable federal and state laws and the policies and procedures of BCM and/or its affiliated entities.

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