DBS for OCD Workshop: Lessons for Integrating Clinical Practice of Psychiatrists, Neurosurgeons, and Psychologists

October 14, 2022
8 a.m. - 5 p.m.

Hybrid workshop (in person and virtual)

Hotel Intercontinental Medical Center
6750 Main St.
Houston, Texas 77030

Sponsored by Nihal Akbulut, a grateful patient, and family

Presented by Baylor College of Medicine
Department of Psychiatry & Behavioral Sciences, Department of Neurosurgery

In partnership with
International OCD Foundation
Patients with severe obsessive-compulsive disorder (OCD) who have failed to respond to a range of conventional therapies may benefit from deep brain stimulation (DBS), which is available under a Humanitarian Device Exemption (HDE) from the FDA. Obstacles to employing this treatment option, however, include lack of knowledge about patient selection, surgical techniques, and DBS programming.

**LEARNING OBJECTIVES**

Attendees will learn about patient selection for DBS, assessment, surgical planning, and programming -- all information needed for enhancing clinical outcomes.

At the conclusion of the workshop, participants will be able to:

- Apply the inclusion and exclusion criteria for eligibility of patients with OCD to undergo DBS.
- Define the role of cognitive behavioral therapy, specifically exposure and response prevention (ERP), in the assessment of candidates for DBS.
- List the benefits of re-introducing cognitive behavioral therapy, specifically ERP, after DBS.
- Describe the techniques and challenges in conducting DBS for OCD.

**TARGET AUDIENCE**

This activity is for psychiatrists, psychologists, neurosurgeons, and other healthcare professionals who treat patients with severe and treatment-resistant OCD and functional neurosurgeons interested in advancing their knowledge and skills in performing DBS for OCD.

This workshop is led by a psychiatrist and neurosurgeon with extensive experience using DBS for patients with severe, treatment-resistant OCD.

**EDUCATIONAL METHODS**

Lecture and Small Group Breakout Sessions

**ACTIVITY EVALUATION**

Evaluation by questionnaire will address program content, presentation, and possible bias.

**ACCREDITATION AND CREDIT DESIGNATION**

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 6.5 AMA PRA Category I Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
**DBS for OCD Workshop**

**Friday, October 14, 2022**

<table>
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<tr>
<th>Time</th>
<th>Session</th>
<th>Speaker(s)</th>
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<tr>
<td>8:00 a.m. – 8:30 a.m.</td>
<td><strong>Welcome and Approaches to Treatment Resistant OCD</strong></td>
<td>Wayne K. Goodman, M.D., Department of Psychiatry &amp; Behavioral Sciences, BCM</td>
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<td>8:30 a.m. – 9:15 a.m.</td>
<td><strong>Assessments and Exposure &amp; Response Prevention (ERP)</strong></td>
<td>Eric Storch, Ph.D., Department of Psychiatry &amp; Behavioral Sciences, BCM</td>
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<td>9:15 a.m. – 10 a.m.</td>
<td><strong>Pharmacotherapy</strong></td>
<td>Carolyn Rodriguez, M.D., Ph.D., Stanford School of Medicine</td>
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<td>Break: 15 minutes</td>
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<td>10:15 a.m. – 10:45 a.m.</td>
<td><strong>Psychiatric Neurosurgery: Past and Present</strong></td>
<td>Sameer Sheth, M.D., Ph.D., Department of Neurosurgery, BCM</td>
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<td>10:45 a.m. – 11:15 a.m.</td>
<td><strong>Review of DBS for OCD</strong></td>
<td>Martijn Figee, M.D., Mount Sinai Interventional Psychiatry Program</td>
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<td>11:15 a.m. – 11:45 a.m.</td>
<td><strong>Access to Care and Ethics</strong></td>
<td>Rachel Davis, M.D., University of Colorado Anschutz Medical Campus</td>
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<td>12 p.m. – 1 p.m.</td>
<td><strong>Working lunch -- Deep TMS for OCD</strong> (not designated for CME credit)</td>
<td>Aron Tendler, M.D., Chief Medical Officer, BrainsWay</td>
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| 1 p.m. – 3 p.m.  | **Surgery--Nuts & Bolts of Targeting + panel on targeting strategies** | Sameer Sheth, M.D., Ph.D., Department of Neurosurgery, BCM  
                   | Wael Asaad, M.D., Ph.D., Department of Neurosurgery, Brown University     |
|                  | Break: 15 minutes                                     |                                                                           |
| 3:15 p.m. – 4:45 p.m. | **Programming--Nuts & Bolts (with patient) + panel on strategies** | Wayne K. Goodman, M.D., Department of Psychiatry & Behavioral Sciences, BCM  
                   | Darin Dougherty, M.D., Department of Psychiatry, Massachusetts General Hospital |
| 4:45 p.m. – 5:00 p.m. | **Wrap-up**                                         |                                                                           |
REGISTRATION
Physicians and Psychologists: $200
LCSW/LMSW/LPC: Free
Residents/Fellows/Other Healthcare Professionals: Free

Link for Registration: cpd.education.bcm.edu/content/dbs-2022
Register and pay online at the activity website.

BOOK YOUR STAY
Secure your hotel room at Hotel Intercontinental Medical Center with our room block rate of $209 -- available through September 28, 2022.
Book here: BCM Deep Brain Stimulation Workshop

CME ACCREDITATION
A BCM profile is required to register for the conference and complete the evaluation to claim credit following the conference.

If you do not have a profile, follow the links below for step-by-step instructions to set up your profile:

Baylor College of Medicine ECA Profile: bcm-visitor-profile-setup
Visitor Profile: bcm-eca-profile-setup