

# FY2024 JULY – DECEMBER 2023 FCM NEWSLETTER

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Family and Community Medicine had a strong start to FY2024 with notable achievements. First to mention, several well-deserving faculty members were promoted to various ranks. Additionally, we welcomed many new employees into the department.

In terms of external activities, our faculty, fellows, and residents have maintained our presence on a nationwide scale through their ongoing contributions to publications and presentations. At the local level, much appreciation is given to those in the department who participated in health fairs and outreach events serving the Greater Houston area. To further expand our initiatives in the community, we received substantial funding from the Substance Abuse and Mental Health Services Administration that enhances our partnership with Santa Maria Hostel.

Let us take a moment to honor **Simon Whitney, M.D., J.D.**, associate professor emeritus, who passed away in November 2023. Dr. Whitney was with Baylor College of Medicine for over two decades until his retirement in 2022. He has left a lasting impact on the department with his history of exceptional patient care, involvement in faculty development, and studies on Institutional Review Boards.

Lastly, I want to recognize the clinical and administrative teams that coordinate seamlessly to provide ongoing healthcare services and medical education. Every person fulfills a vital role in the department's work, as we make significant strides in primary care and public health. I thank everyone for their diligence and dedication. We will continue with this momentum during the remaining months of FY2024.

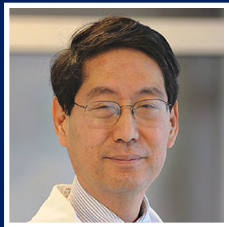
Roger Zoorob, M.D., MPH, FAAFP  
Richard M. Kleberg, Sr. Professor & Chair





# EDUCATION

## **THE COLLABORATION HAS BEGUN!** **Update from the FCM Vice Chair of Education**



**WILLIAM HUANG, M.D.**

In July 2023, Baylor College of Medicine started a new curriculum for its medical students and also opened a regional campus in Temple, Texas. Since then, the partnerships with our colleagues at Temple have been growing. Faculty members with Family and Community Medicine are spearheading efforts to integrate the department's courses, clerkship, and other initiatives into the curriculum available to the Temple student population.

### **Developments on our departmental activities for the Temple campus:**

- Roger Zoorob, M.D. MPH, FAAFP and I visited the new campus in October 2023, where we met with Jason Ramm, M.D. and Sharon Reece, M.D., chair and vice chair of education for the Department of Family Medicine at Baylor Scott & White Health - Temple.
- Anjali Aggarwal, M.D., FAAFP, the department's lead electives officer, consulted with Dr. Reece to create a plan for further academic collaborations. Presently, several of our first-year electives are available to Houston and Temple medical students.
- Shruti Varadarajan, M.D., FAAFP and other FCM faculty are working with Ana Crew, D.O., MPH and a team of Temple faculty to offer Baylor's current Practice of Medicine (POM) course to first-year medical students at the Houston and Temple locations.
- Arindam Sarkar, M.D. and our FCM Clerkship leadership team are working with Dr. Crew to offer the clerkship to students on both campuses in October 2024.
- Malvika Juneja, M.D., FAAFP met with Dr. Reece to make arrangements for the inclusion of Temple faculty in our faculty development endeavors, such as Grand Rounds and CME opportunities.

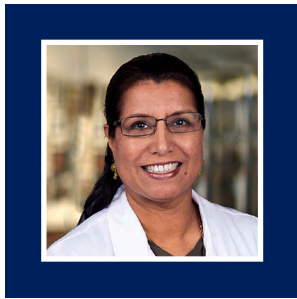
*I would like to express a sincere thank you to all the dedicated faculty at the Houston and Temple campuses, for your focused and tireless efforts in providing quality education to our medical students. I am looking forward to more academic collaborations in 2024!*



# EDUCATION

## NEW FCM ELECTIVE AVAILABLE Houston and Temple

Family and Community Medicine launched MEFAM 604: Longitudinal Care Community Practices and Services for first-year medical students at the Houston and Temple campuses. With Dr. Juneja as course director and supporting faculty: Dr. Quadri, Dr. Rode, and Dr. Aggarwal, the 36-week elective is aimed at building interest in primary care and community medicine. The elective has been widely popular, creating new partnerships with area organizations in providing service opportunities for students.



**MALVIKA JUNEJA,**  
M.D., FAAFP  
Course Director



**YASMEEN QUADRI, M.D.**  
Associate  
Course Director



**RASHMI RODE,**  
M.D., FAAFP  
Course Faculty



**ANJALI AGGARWAL**  
M.D., FAAFP  
Course Faculty

## PROCEDURES AND OBSTETRICS SKILLS WORKSHOPS Offered to BCM Medical Students

Family and Community Medicine faculty and residents taught two clinical skills workshops in fall 2023, collaborating with Baylor's Family Medicine Interest Group and Gynecology and Obstetrics Interest Group. More than 70 students attended the training opportunities to learn procedural skills. Students rated the offerings as "high yield" and "well organized." The workshops will likely be repeated in 2024 due to demand.

### **Workshop I** – Skin Laceration Repair, Joint Injections, and Intrauterine Device (IUD) Placement

- **FCM Facilitators:** Eric Lee, M.D., FAAFP, Rashmi Rode, M.D., FAAFP, Chelsea Mendonca, M.D., Tara Everett, M.D., and Brendon Martin, M.D.

**Workshop II** – Point of Care Ultrasound, Postpartum Hemorrhage, Non-Stress Test (NST) Tracing, Cervical Dilation with Artificial Rupture of Membranes (AROM), Fetal Scalp Electrode (FSE), and Second Degree Laceration Repair

- **FCM Facilitators:** Samuel Randall, M.D., Christina Babu, M.D., Lisa Danek, M.D., MBA, FAAFP, Anjali Aggarwal, M.D., FAAFP, Nidhi Mehrotra, MBBS, and Rashmi Rode, M.D., FAAFP.



# EDUCATION

## FCM CLERKSHIP UPDATES Faculty Leadership and Student Feedback

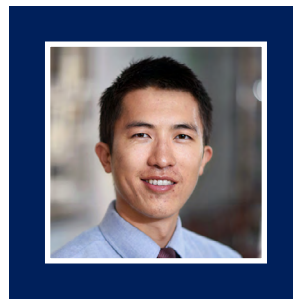
Under the management of Dr. Sarkar, with Dr. Barning, Dr. Ren, and Dr. Atkinson in leadership roles, the Family and Community Medicine Clerkship has received positive evaluations from participating medical students. The "quality of educational experiences," "opportunity to be meaningfully involved in care," and "learning environment" were reportedly scored by students as above Baylor College of Medicine and national averages.



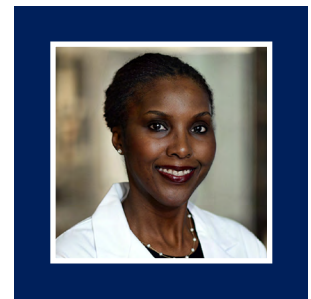
**ARINDAM SARKAR, M.D.**  
Clerkship Director



**KENNETH BARNING, M.D.**  
Associate  
Clerkship Director



**MIKE REN, M.D.**  
Site Director  
Baylor Medicine  
Family Medicine



**JONNAE ATKINSON  
M.D., M.S., FAAFP**  
Site Director  
Harris Health System

## PRECEPTOR PARTNERS Fostering Collaboration

Several volunteer faculty in the community graciously take the time to precept medical students in the FCM Clerkship program. To show the department's full appreciation and support in maintaining our faculty relationships, Dr. Barning traveled to four sites from October to December 2023. During his visits, he provided annual educational refresher training.

- Atul Sachdev, M.D. (top left)
- Chuong Nguyen, M.D. and Stephen Thomas, M.D. (bottom left)
- Sujatha Anand, M.D. (top right)
- James Bernick, M.D. (bottom right)





# EDUCATION

## 2023 ALSO® PROVIDER COURSE Yearly Program

Anjali Aggarwal, M.D., FAAFP, with her fantastic team of FCM faculty and staff plus guest instructors, facilitated another successful two-day training of the American Academy of Family Physicians (AAFP) sponsored Advanced Life Support in Obstetrics (ALSO®) program on Aug. 10-11, 2023.

The course is designed to educate current and future providers on maternal, labor, and delivery emergencies. Eric Warwick, M.D., director of the BCM Family Medicine Residency Program, expressed in his introduction that attendees were learning the skills to "one day, save two lives."

Participants included healthcare practitioners and residents with Baylor College of Medicine, Baylor Scott & White Health, HCA Healthcare, Memorial Hermann, Houston Methodist, The University of Texas Medical Branch, and other medical institutions.



## FELLOWSHIP GRADUATION Marissa Valentine-King, Ph.D., MPH, BSN

In August 2023, Dr. Valentine-King completed three years in the department's Primary Care Research Postdoctoral Fellowship. In the program, she participated in several presentations focused on antibiotic stewardship and urinary tract infections. Also, she has first authorship on publications, such as:

- [Predicting antibiotic susceptibility among patients with recurrent urinary tract infection using a prior culture](#), *The Journal of Urology*.
- [Qualitative analysis of a Twitter-disseminated survey reveals new patient perspectives on the impact of urinary tract infection](#), *Antibiotics (Basel)*.
- [Identification of novel factors associated with inappropriate treatment of asymptomatic bacteriuria in acute and long-term care](#), *American Journal of Infection Control*.







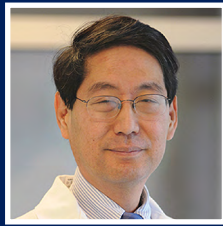
# ENDOWMENT

## FCM EDUCATIONAL ENDOWMENT FUND New Committee

Family and Community Medicine formed the Education Endowment Committee in the fall of 2023, which convenes on a monthly basis or as needs arise. The endowment committee aims to develop and oversee various philanthropic and fundraising initiatives, including enhancing support for trainees, encouraging faculty engagement with departmental endeavors, and maintaining relationships with donors. Currently, there are 10 inaugural members and FCM faculty interested in joining the endowment committee are welcome to contact Dr. Sarkar, committee chair. To make a contribution today, visit our [donations web page](#).



**ARINDAM SARKAR, M.D.**  
Committee Chair



**WILLIAM HUANG, M.D.**



**FAREED KHAN, M.D.,  
DTMH, FAFP**



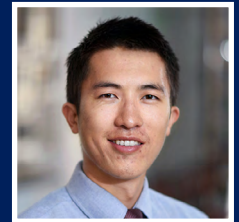
**ANJALI AGGARWAL,  
M.D., FAFP**



**RASHMI RODE, M.D., FAFP**



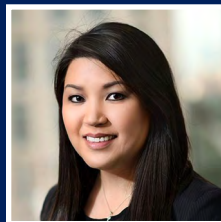
**ERIC WARWICK, M.D.**



**MIKE REN, M.D.**



**VEENU WANG, M.D.**



**LINDA TRAN DINH**



**ALESHIA  
DUMAS-BURKHALTER**

### We thank our recent donors:

Dr. Fareed Khan

Dr. Sanda Khin

Dr. Eric Lee

Dr. Mike Ren

Dr. Rashmi Rode

Dr. Arindam Sarkar

Dr. Shruti Varadarajan

Dr. Eric Warwick

Dr. Roger Zoorob



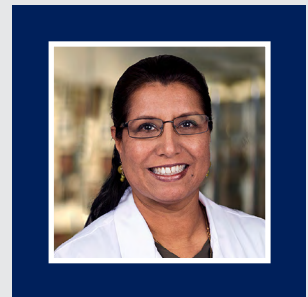
# DEVELOPMENT

## FCM FACULTY DEVELOPMENT OPPORTUNITY New Learning Community

The Family and Community Medicine Faculty Development Learning Community began in January 2023 and has grown significantly in the last six months. The learning community has been built on a formalized relationship framework for mentors and mentees, aiming toward their career and professional growth. The collaboration has two distinct components: The first is a one-on-one mentorship conducted in asynchronous meetings and the second is synchronously held monthly educational opportunities, skills-building sessions, and presentations. The second component has been in high demand, attracting the attention of several FCM faculty beyond the learning community group, and has been made available to all interested. Attendance of these open learning sessions has continued to increase as faculty members share experiences and build coherence of institutional requirements.

Dr. Juneja, curricular lead and committee chair, oversees the activities of the FCM Faculty Development Learning Community and receives support from the following participating faculty mentors and administrative staff:

- Kenneth Barning, M.D.
- Elizabeth Bosquez, M.D.
- Hammad Mahmood, M.D.
- Rashmi Rode, M.D., FAAFP
- Shruti Varadarajan, M.D., FAAFP
- Aleshia Dumas-Burkhalter
- Shaira Mae Ulangca, MHA/MBA



**MALVIKA JUNEJA,  
M.D., FAAFP  
Committee Chair**

## STFM DELIVERED WORKSHOP Faculty Development Event

In November 2023, the department hosted a virtual workshop offered by the Society of Teachers of Family Medicine, with nationally acclaimed speakers, Krishna Desai, M.D. and Nathan Culmer, Ph.D., as the presenters. Dr. Juneja, FCM director of faculty development and CME initiatives, facilitated the workshop. The interactive event provided comprehensive training focused on medical education and scholarship.

### Session topics included:

- "Learner (Resident and Student) Feedback and Assessment"
- "Working with Learners (Residents and Students) in Difficulty"
- "Scholarly Activity: What It is and How to Do It"

Among the 38 faculty members who attended were educational leaders, FCM Clerkship and Practice of Medicine community preceptors, and facilitators of various School of Medicine courses.



# DEVELOPMENT

## 2023 PRIMARY CARE UPDATE Annual Conference

Family and Community Medicine held its annual Primary Care Update virtually on Oct. 14, 2023, with optional in-person sessions provided in the afternoon. The conference agenda in the morning was packed with contemporary topics, including: "Keynote - Breaking Down Barriers in Obesity Care: Navigating Weight Bias through Clinician Insights and Patient Journeys," "Disaster Medicine and Preparedness," "Coaching vs. Mentoring and Tips for Work Life Balance," and "Diagnostic Radiological Approach for Neurological and GI Presentations."

After lunch, attendees were offered either virtual option one on, "Clinical Efficiency: Balancing Complex Patient Needs and Expectations" and "Developing QI and Submitting an Abstract from Start to Finish," or option two on, "When the Stakes are High: ABC of Non-invasive Cardiac Testing" and "Learning Updates in Diabetes Management through Case Discussions." Additionally, attendees were given a hands-on option for, "Point of Care Ultrasound: Specifics and Physics" and "Point of Care Ultrasound: Learning an Emerging Ambulatory Care Tool." Nearly 100 participants were faculty members and we appreciate everyone's commitment to continuing education.

## SPECIAL THANK YOU Primary Care Update Volunteers

### Guest Speakers:

- Nina Crowley, Ph.D., RDN, L.D., National Expert
- Rajeev Fernando, M.D., Associate Professor in Infectious Diseases and Fellow, Harvard Medical School
- Laura Licato, Ph.D., PCC, ITCA, NBC-HWC, Nationally Renowned Executive Leadership Coach and Development Consultant
- Juan Ibarra Rovira, M.D., Assistant Professor of Radiology, The University of Texas MD Anderson Cancer Center

### Faculty Facilitators:

- Diana Atwal, M.D., M.A.
- Kamna Bansal, M.D.
- Charles M. Bulathsinghala, M.D.
- Ruchi Gaba, M.D., FACE, FEAA
- Malvika Juneja, M.D., FAAFP
- Hammad Mahmood, M.D.
- Samuel Randall, M.D.
- Mike Ren, M.D.
- Alan Riley, M.D.
- Rashmi Rode, M.D., FAAFP
- Arindam Sarkar, M.D.
- Shruti Varadarajan, M.D., FAAFP

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For a complete list of Primary Care Update presentations involving FCM faculty, view [page 29](#).





# KUDOS

## FACULTY PROMOTIONS August - December 2023

Congratulations to the Family and Community Medicine faculty members promoted in FY2024:



**ANJALI AGGARWAL, M.D., FAAFP**  
Professor



**JACQUELINE HIRTH, PH.D., MPH**  
Associate Professor



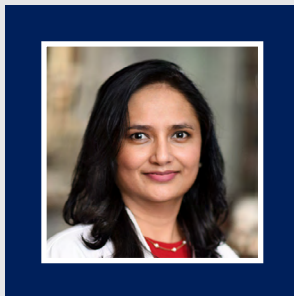
**KAMNA BANSAL, M.D.**  
Associate Professor



**NOREEN PIRZADA, M.D.**  
Associate Professor



**HAMMAD MAHMOOD, M.D.**  
Associate Professor



**NIHTA SHAH, M.D., MPH**  
Associate Professor

## PHYSICIAN OF THE YEAR Selected by the HCAFP

The Harris County Academy of Family Physicians (HCAFP) named Alicia Kowalchuk, D.O., FASAM as the Physician of the Year for 2023. Rashmi Rode, M.D., FAAFP, HCAFP president, presented the award to Dr. Kowalchuk at the chapter meeting held in November 2023.

Dr. Kowalchuk was recognized with this prestigious honor for leading by example as a dedicated provider and educator. Her work in Harris County extends care to an underserved population of patients with substance use disorders. She is also passionate about sharing her skills with learners to better serve the community.





# KUDOS

## **OUTSTANDING TEACHER AWARD**

**Anjali Aggarwal, M.D., FAAFP**

Dr. Aggarwal was named a recipient of the 2023 John P. McGovern Outstanding Teacher Award from Baylor College of Medicine.

## **PEAR AWARD**

**FCM Faculty Recipients**

FCM faculty mentors nominated for Baylor's Professional Educator Appreciation and Recognition Award in August through October 2023:

- Jonnae Atkinson, M.D., M.S., FAAFP
- Kenneth Barning, M.D.
- Afroze Ali, MBBS
- Mike Ren, M.D.

## **POP AWARD**

**Robyn Lacy, MPAS, PA-C**

Ms. Lacy was recognized with the Power of Professionalism Award by the College in fall 2023.

## **PROGRAM GRADUATE**

**Rashmi Rode, M.D., FAAFP**

Dr. Rode graduated from Baylor's Master Teacher Fellowship Program in August 2023.

## **FEEDBACK CHAMPION AWARDS**

**FCM Clerkship Faculty Recipients**

### **October - December 2023:**

- Najda Mujtaba, M.D.
- Eric Warwick, M.D.
- Joe Anzaldúa, M.D., PA, FAAFP (volunteer)

### **July - September 2023:**

- Diana Atwal, M.D., M.A.
- Jay Orr, D.O.
- Roslyn Aduhene-Opoku, M.D.

## **TRAVEL MONITOR AWARD**

**Judith Gutierrez, M.D.**

Dr. Gutierrez was given a travel monitor award at the 70<sup>TH</sup> Annual Meeting of the American Academy of Child and Adolescent Psychiatry.

## **SECOND PLACE POSTER**

**Lindsey Laytner, Ph.D., MPH, CPT**

Dr. Laytner ranked second at the Ninth Annual MEDVAMC Research Poster Session with her presentation, "Perspectives on non-prescription antibiotic use among Hispanic patients in the Houston metroplex: A qualitative study."

## **TAFP RESIDENT SCHOLARSHIP**

**Chelsea Mendonca, M.D.**

Dr. Mendonca received the Cassie Murphy-Cullen, Ph.D. Scholarship of \$800 from the Texas Academy of Family Physicians (TAFP) during her final year in the family medicine residency.

## **TAFP PROGRAM GRADUATE**

**Mike Ren, M.D.**

Dr. Ren graduated from the TAFP Family Medicine Leadership Experience, a development program.

## **FAAFP RECIPIENTS**

**Lisa Danek, M.D., MBA and Eric Lee, M.D.**

Dr. Danek and Dr. Lee were honored as "champions in family medicine" with the American Academy of Family Physicians Degree of Fellow.

## **HEALTH ADVOCACY FELLOWSHIP**

**Fabrizia Faustinella, M.D., Ph.D., FACP**

Dr. Faustinella was chosen to be a part of the Gene A. Copello Health Advocacy Fellowship, a program with Doctors for America.



# KUDOS

## **FCM CHAMPION OF CEHE**

**Adriana Rangel, MPH, RRT, CTTS**

Ms. Rangel was awarded as the Fall 2023 Champion of Community Engagement and Health Equity (CEHE) by the department's CEHE Committee. She consistently demonstrates her dedication to advocating for healthy equity in the Baylor College of Medicine and Houston communities.

## **TOP DOCTOR AWARD**

**Fabrizia Faustinella, M.D., Ph.D., FACP**

Dr. Faustinella was selected as a recipient of the Top Doctor Award 2023 from Find a Top Doc.

## **HEALIO HONOREE**

**Arindam Sarkar, M.D.**

Dr. Sarkar was recognized by Mike Ren, M.D. on Healio's website as an inspirational healthcare professional.

## **AMERICAN HEART ASSOCIATION AWARDS**

**Baylor Medicine Family Medicine Clinics**

The three private clinic locations, Upper Kirby, River Oaks, and Fannin Tower (Texas Medical Center), were recognized by the American Heart Association for fulfilling the organization's health programs:

- Target: BP™ Silver Achievement Award
- Check. Change. Control. Cholesterol™ Gold Achievement Award
- Target: Type 2 Diabetes<sup>SM</sup> Gold Recognition

## **AMERICAN HEART ASSOCIATION TARGET: BP™ AWARD**

**HHS Vallbona Health Center**

Harris Health System's Vallbona Health Center was commended for the clinical team's commitment to the American Heart Association's hypertension initiative.

## **IMMUNIZATION CHAMPION AWARDS**

**HHS Casa de Amigos Health Center**

Harris Health System's Casa de Amigos Health Center was presented with the most accolades among the vaccine sites under the Houston Health Department at the 2023 Texas Vaccines for Children/Adult SafetyNet (TVFC/ASN) Provider Summit.



# KUDOS

## **FACULTY AND RESIDENT APPOINTMENTS** **Additional Roles**

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**Jonnae Atkinson, M.D., M.S., FAAFP**

- Commissioner, Accreditation Review Commission for the Physician Assistant
- 

**Fabrizia Faustinella, M.D., Ph.D., FACP**

- Co-Chair of the Health and Public Policy Committee, 2023 Texas ACP Annual Meeting - Texas Chapter of the American College of Physicians
- 

**Jessica Garcia, D.O., FAAFP, FAAHPM**

- Minority Co-Convener Leader - 2024 National Conference of Constituency Leaders, American Academy of Family Physicians
  - Minority Delegate - 2023 National Conference of Constituency Leaders, American Academy of Family Physicians
  - 2023 HCMS Northwest Branch Vice President; January 2023 to December 2024 Alternate Delegate, Harris County Medical Society
  - January to December 2023 HCMS Council of Young Physicians Chair, Harris County Medical Society Young Physicians Organization
  - Member, Texas Medical Association House of Delegates
- 

**Maria Mejia, M.D., MPH, FACPM, FASAM**

- Site Medical Director of Addiction Medicine Services, El Centro de Corazón
- 

**Adam Mendonca, M.D.**

- Elected Resident Advisor, Texas Academy of Family Physicians Foundation Board
- 

**Mike Ren, M.D.**

- Appointed Member of TAFP's Council on Medical Practice, Texas Academy of Family Physicians
- 

**Rashmi Rode, M.D., FAAFP**

- January to December 2023 HCAFP President, Harris County Academy of Family Physicians
  - At-Large Member on TAFP's Board of Directors (two-year term); Mentor for the Resident Leadership Experience; Board Liaison for the Medical Student and Resident Leaders Committee, Texas Academy of Family Physicians
- 

**Arindam Sarkar, M.D.**

- Appointed Member of STFM's Steering Committee for the Medical Student Education Collaborative, Society of Teachers of Family Medicine



# NEWSMAKERS

## STUDY FEATURES

### Faculty Mention, Mortality Research

- Hennekens CH. - [U.S. Drug overdose deaths more than quadrupled from 1999 to 2020](#). FAU; News Medical, EurekAlert!, DoveMed, New York Post. 2023 Sep 12
- Hennekens CH. - [Geographic 'hot spots' for cigarette, firearm deaths in the U.S.](#) FAU; News Medical, EurekAlert! 2023 Aug 29

### Fellow Mention, Antibiotic Research

- Laytner L. - [Antibiotics 'like gold' for some, driving inappropriate use](#). Medscape. 2023 Oct 16
- Laytner L. - ['Like gold': Patients cite reasons for nonprescription antibiotic use](#). CIDRAP. 2023 Oct 12

## VIDEO FEATURES

### Lindsey Laytner, Ph.D., MPH

- [IDWeek TV Episode 2: Use of antibiotics without a prescription](#). YouTube - WebsEdgeMedicine. 2023 Oct 13

### Maria Mejia, M.D., MPH, FACPM, FASAM

- [Feria de Salud](#). Facebook - National Hispanic Medical Association; Univision: Edicion Digital Houston. 2023 Dec 7
- [Feeling hot, hot, hot? Dr. Maria Mejia breaks down warning signs of heat illness. #heat #heatillness](#). YouTube - BCMweb. 2023 Aug 1

### Mike Ren, M.D.

- [On the 12th day of "Healthmas," our experts shared with us: the importance of getting your annual physical exam. #holidays](#). Instagram - BCMHouston. 2023 Dec 22
- [The 12 Days of Health Tips from Baylor College of Medicine](#). YouTube - BCMweb. 2023 Dec 21
- [On the eighth day of "Healthmas," our experts shared with us: why to use portion control. #holidays](#). YouTube - BCMweb. 2023 Dec 18
- [On the fourth day of "Healthmas" our experts shared with us: the importance of hydration. #holidays](#). YouTube - BCMweb. 2023 Dec 12
- [How much water do you need to stay hydrated? Dr. Mike Ren breaks it all down! #hydration #hydrate](#). YouTube - BCMweb. 2023 Jul 6

### Luis Rustveld, Ph.D., R.D., L.D.

- [What exactly are superfoods? Dr. Luis Rustveld breaks it all down. #superfoods](#). Facebook - Baylor College of Medicine. 2023 Nov 25
- [Need ways to health-ify your pumpkin spice latte? Dr. Luis Rustveld shares some tips. #nutrition](#). YouTube - BCMweb. 2023 Nov 15

### Veenadhari Wang, M.D.

- Interview on common illnesses during winter. Telemundo. 2023 Dec







# NEWSMAKERS

## CONTRIBUTIONS AND MENTIONS

### Baylor College of Medicine News

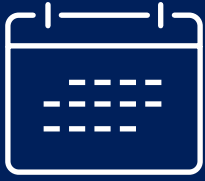
- Baylor Medicine Family Medicine Clinics - [BCM receives multiple recognitions from the American Heart Association](#). 2023 Oct 23
- Jackson S. - [Work off Thanksgiving calories with fun family activities](#). 2023 Nov 20
- Ren M. - [Don't be a fool about stool](#). 2023 Dec 5
- Ren M. - [Getting adequate vitamin D in the fall and winter](#). 2023 Nov 9
- Ren M. - [How to get vitamin D without spending too much time in the sun](#). 2023 Jul 20
- Rustveld L. - ["Dieting" for the holidays](#). 2023 Nov 15

### Baylor College of Medicine's Momentum Blog

- Nwokocha C. - [Here's your back-to-school vaccination schedule](#). 2023 Aug 7
- Ren M. - [Use childhood games to inspire your adult workouts](#). 2023 Nov 9
- Rustveld L. - [Gobble up your Thanksgiving turkey with these healthy cooking tips](#). 2023 Nov 16
- Rustveld L. - [Building a soup-er meal](#). 2023 Nov 7
- Rustveld L. - [Three levels of your pumpkin spice latte](#). 2023 Oct 23
- Rustveld L. - [What is a superfood?](#) 2023 Sep 28

### Various Websites and Media Outlets

- Hirth J. - [Mailing HPV self-sampling kits to patients boosted cervical cancer screening](#). MedPage Today. 2023 Nov 28
- Jackson S. - [Family fun can burn off those extra Thanksgiving calories](#). HealthDay; U.S. News & World Report. 2023 Nov 23
- Laytner L. - [Leftover antibiotics 'major barrier to antimicrobial stewardship'](#). Healio. 2023 Nov 8
- Laytner L. - [Antibiotics "like gold" for some patients: Personal beliefs and health care barriers drive inappropriate antibiotic use](#). IDSA. 2023 Oct 11
- Mejia M. - [Recognizing heat illness](#). The Heron: Another Seabreeze Publication. 2023 Sep;21(9)
- Ren M. - [Should you work out when you're sick?](#) AARP. 2023 Dec 4
- Ren M. - [Is drinking too much water dangerous? The surprising dangers of drinking too much water](#). AARP. 2023 Nov 3
- Ren M. - [Think it's hotter than it's ever been? You're right](#). ABC4 Utah. 2023 Jul 28
- Ren M. - [Some facts and myths on the heat as Houston braves the summer](#). KTRK ABC 13 Houston. 2023 Jul 24
- Ren M. - [Should you wait 30 minutes to swim after eating? Some heat-related myths you shouldn't believe](#). KTRK ABC 13 Houston. 2023 Jul 21
- Ren M. - [Need Vitamin D, but need to watch the sun? Here's how you do it](#). HealthDay; U.S. News & World Report. 2023 Jul 21
- Rustveld L. - [Give thanks for healthy diet changes during the holidays](#). HealthDay; U.S. News & World Report, Newsmax. 2023 Nov 23
- Rustveld L. - [Many sports supplements have no trace of their key ingredients](#). Science News. 2023 Jul 26



# HAPPENINGS

## 5K WALK/RUN

### With BCM Team: Tumernators

Family and Community Medicine participants joined Maria Mejia, M.D., MPH, FACPM, FASAM, event chair and team captain, and Joanna Rodriguez, co-captain, at the GO2 for Lung Cancer Foundation's 10<sup>TH</sup> Annual 5K Walk/Run in September 2023 at The Water Works at Buffalo Bayou. Together, they proudly represented Baylor College of Medicine as the team: Tumernators. In addition to taking part in the event, the team's fundraising campaign earned second place.

GO2 for Lung Cancer focuses on the needs of individuals at risk for and coping with lung cancer, including screening and treatment. Furthermore, the foundation is committed to advocating for survivorship. Donations raised provide essential support for critical awareness and research.



## HEALTH AND WELLNESS FAIR

### Sponsored by FCM CEHE

Family and Community Medicine's Community Engagement and Health Equity Committee held a health and wellness fair at the Brand Lane Islamic Center in September 2023. Amna Waqar, M.D., event chair, was the lead organizer for the outreach opportunity. The event was well-attended by department faculty, volunteers, community members, and leaders.

FCM providers offered preventive services, such as screening for blood pressure, blood glucose, and mental health. Health education was also provided for diabetes, colon cancer screening, lung cancer screening, smoking cessation, and women's health. Other supported services available to attendees addressed dental hygiene, child advocacy, and health and human services.



# HAPPENINGS

## HEALTH AND SERVICE EVENTS

### Great American Smokeout and Breathe with Pride

April Walker, M.A., LPC, NCTTP, Adriana Rangel, MPH, RRT, CTTS, and Joanna Rodriguez shared resource materials on e-cigarettes and lung cancer screening with Houston-area participants at KIKI Houston in November 2023.



### 2023 Empower Senior Citizens Resource Fair

Ms. Rangel and Ms. Rodriguez provided information on lung cancer screening and prevention to various attendees at the KC Event Center and Food Park in Conroe, Texas, in November 2023.



### Health Fair & Thanksgiving for Refugees

Homayoun Ataei, M.D., Ambreen Mujahid, M.D., Diana Atwal, M.D., M.A., Bharat Joshi, M.D., FAAFP, Priya Patel Ghael, M.D., and Noreen Pirzada, M.D. volunteered as preceptors at The Alliance Gulfton in November 2023.



### Bayou City Blessings in a Backpack

Abimbola Telufusi, MPAS-C and B Joy Blumenreich, M.D. volunteered with a team from Baylor College of Medicine to fill backpacks with food for school-aged children at the Holy Spirit Episcopal Church in November 2023.

### Smith Clinic Health Fair

Ms. Walker, Ms. Rangel, and Ms. Rodriguez advocated for the department's mission of spreading awareness for lung cancer prevention and screening at the Harris Health System Smith Clinic in October 2023.



### Día de la Mujer Health Fair

Ms. Rodriguez accompanied David Lundy-Weiss, M.D., MPH, M.A. as he precepted Baylor medical students and provided preventive services at the Southwest Multi-Service Center in September 2023.





# HAPPENINGS

**TEXAS FAMILY MEDICINE**  
Chairs Meeting



**GRAND RE-OPENING**  
HHS Sareen Clinic Team



**DIWALI CELEBRATION**  
HHS Vallbona Health Center Team



**AWARDS CEREMONY**  
HHS Vallbona Health Center Team





# HAPPENINGS

**HOLIDAY LUNCH**  
FCM Kirby Office



**ASTROS SPIRIT DAY**  
Baylor Family Medicine - Fannin Tower



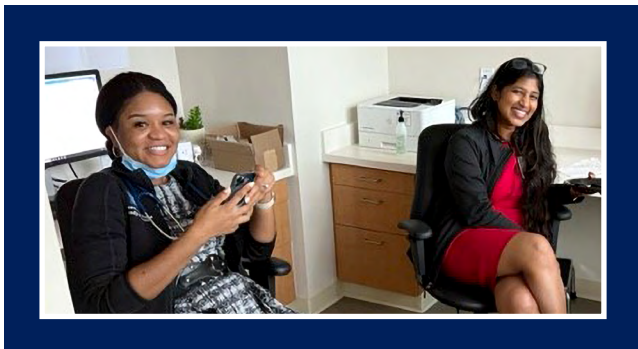
**TEAM RETREAT**  
FCM Administrative Staff



**MEDICAL ASSISTANTS WEEK**  
Baylor Family Medicine - Kirby



**THANKSGIVING LUNCH**  
Baylor Family Medicine - Kirby



**BCM WELL-BEING COMMUNITY**  
5K and Kids 1K







# HAPPENINGS

## **FACULTY ACTIVITIES**

### **Various Works**

**Mónica Alzate, Ph.D., LCSW, M.A.**

Dr. Alzate, along with Baylor College of Medicine psychiatry students and faculty, participated in the health and wellness fair hosted by Family and Community Medicine's Community Engagement and Health Equity Committee at the Brand Lane Islamic Center in September 2023.

**Fabrizia Faustinella, M.D., Ph.D., FACP**

Dr. Faustinella attended the Texas Chapter of the American College of Physicians (TX-ACP) Annual Scientific Meeting in South Padre Island, Texas in October 2023 and presented the recent work and achievements of the Health and Public Policy Committee for which she is a co-chair.

**Alicia Kowalchuk, D.O., FASAM**

Dr. Kowalchuk delivered the presentation, "Doctalk: How much is too much? Know Your Limits: Alcohol and Health," for the BCM BeWell program in July 2023.

**Maria Mejia, M.D., MPH, FACPM, FASAM**

Dr. Mejia was involved in several events, including serving as the chair of a community health fair hosted by the National Hispanic Medical Association at St. Paul's Episcopal Church in December 2023. Additionally, Dr. Mejia was a guest speaker for Texas Southern University's Community Engagement Core Health Education Webinar and presented, "Understanding Respiratory Disease: Asthma, COPD, and Lung Cancer," with over 100 attendees in July 2023. Also in July, she gave the presentation, "Brain Attack: Demystifying Anxiety Disorders," to more than 200 employees for JP Morgan Chase Accessibility Houston.

**Jennifer Okoh, MBBS, MPH, FAAFP, Eric Lee, M.D., FAAFP, Mike Ren, M.D.**

Dr. Okoh, Dr. Lee, and Dr. Ren participated in the Peer Resource Network (PRN) Orientation Retreat for first-year medical students, which took place at the Piney Woods of East Texas and The Retreat at Artesian Lakes in Cleveland, Texas in July 2023. In addition, Dr. Okoh and Dr. Lee assisted with organizing the 20<sup>TH</sup> Annual Learning Communities Institute meeting hosted by Baylor in October 2023. The meeting provided networking and learning opportunities for attendees.

**Nihita Shah, M.D., MPH**

Dr. Shah completed and received Epic certifications for the Physician Builder and Notecraft for Physician Builder in September 2023.

## **ALZHEIMER'S ASSOCIATION FUNDRAISER**

### **Baylor FCM Team Donation**

Family and Community Medicine contributed to the Alzheimer's Association Walk to End Alzheimer's® by raising \$1,045 to support the organization's cause of enhancing patient care and advancing research.



# SPOTLIGHT

## FEATURED STAFF Research Team Member



Amy Isidahomen, research coordinator, is an integral part of Family and Community Medicine's InSight SBIRT Enhancement project. Under the leadership of Alicia Kowalchuk, D.O., FASAM, InSight medical director, the program offers Harris Health System patients, seen at Ben Taub Hospital, substance use and alcohol screening, brief intervention, and referral to treatment. Ms. Isidahomen is tasked with presenting project metrics and connecting collaborators from The University of Texas at Austin with other facilities fulfilling SBIRT services.

Additionally, she is involved with the BCM BEARS program, which offers training for buprenorphine education to residents and medical students with Baylor College of Medicine. Ms. Isidahomen provides support for Dr. Kowalchuk, as well as Maria Mejia, M.D., MPH, FACPM, FASAM, Sandra J. Gonzalez, MSSW, Ph.D., and other Baylor faculty. Her responsibilities include creating half-day schedules for psychiatry residents and coordinating intersessions for medical students.

Ms. Isidahomen began focusing on research in healthcare with an internship in cancer prevention at The University of Texas MD Anderson Cancer Center in 2018. After graduating college, she took on a position employed through Baylor as a research assistant/coordinator in the Department of Neonatology at the Texas Children's Hospital Pavilion for Women. Her career continued to take shape when she became a research coordinator at the UTHealth Houston McGovern Medical School in the Department of Surgery, Division of Urology, where she gained an appreciation for interacting directly with patients. To expand her horizons, Ms. Isidahomen accepted the opportunity to join the department in 2022.

She is grateful for the progression of her professional development, as she went through a time of uncertainty when she received a bachelor's degree in kinesiology, minor in nutritional sciences, from the University of Houston in 2020 during the COVID-19 pandemic. Her graduation ceremony was scaled down and held in the summer of 2021, with social distancing in place. Ms. Isidahomen's current role in Family and Community Medicine has further inspired her to pursue education in the medical field.

Ms. Isidahomen maintains balance between work and her personal life by engaging in hobbies, such as reading, cooking, and traveling. In 2023, she visited Aruba, Washington D.C., New York, North Carolina, and throughout Texas, cherishing the company of friends and family. For introspective reflection on her past, present, and future, Ms. Isidahomen takes walks in Memorial Park and Hermann Park.

*I enjoy the culture at FCM, my coworkers, and the various research studies I work on.*



# WELCOME



**MARIANA VILLANUEVA, M.S.**  
Sr. Research Administration Associate, FCM Kirby Office



**SUNG IN HILLARY KIM-VENCES, M.D., MPH**  
Research Postdoctoral Fellow, FCM Kirby Office



**CHELSEA MENDONCA, M.D.**  
Assistant Professor, Northwest Health Center



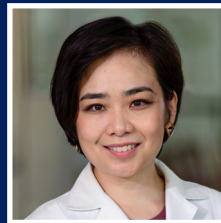
**STEQUITA JACKSON, M.D.**  
Assistant Professor, Baylor Family Medicine - Kirby



**ANDREA WASHINGTON, FNP**  
Instructor, Martin Luther King Jr. Health Center



**TAM DANG NGUYEN, D.O.**  
Assistant Professor, Baylor Family Medicine - River Oaks



**KIMBERLY TRAN, M.D.**  
Assistant Professor, Community Health Programs



**ALYCIA CHINAI, D.O.**  
Assistant Professor, Baylor Family Medicine - Kirby



**ABBY PACKARD ROSEN, M.D.**  
Assistant Professor, Baylor Family Medicine - River Oaks



**STELLA FAGBEMI, M.D.**  
Assistant Professor, Martin Luther King Jr. Health Center



**KELLY BUSH, MSN, APRN, FNP-BC**  
Instructor, Baylor Family Medicine - Kirby



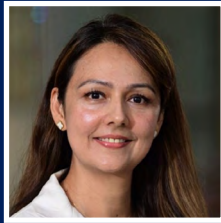
**LAJURIA FLETCHER, MSN, RN**  
Nursing Manager, Healthcare for the Homeless - Houston



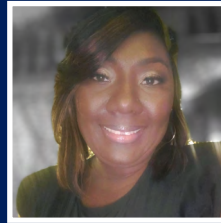
# WELCOME



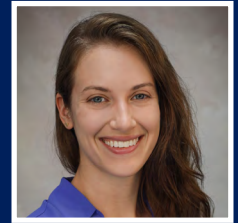
**VEENADHARI WANG, M.D.**  
Assistant Professor, Baylor Family Medicine - Fannin Tower



**SOBIA ZAREEN, M.D.**  
Assistant Professor, Gulfgate Health Center



**LAQUEENA LEBLANC**  
Case Worker, Healthcare for the Homeless - Houston



**SAMANTHA BOLZ, M.D.**  
Assistant Professor, Community Health Programs



**CHRISTINA BABU, M.D.**  
Assistant Professor, Vallbona Health Center



**RENEE STEELE, APRN**  
Instructor, Pediatric and Adolescent Health Center - Pasadena



**PERCY HOWARD III, M.D.**  
Senior Faculty, Gulfgate Health Center



**SINDHU KRISHNARAJANAGAR**  
Registered Nurse, Healthcare for the Homeless - Houston



**MARIYA DAVIS**  
Programmer/Analyst I, FCM Kirby Office



**SHANETRIUS DEAR**  
Medical Assistant, Baylor Family Medicine - River Oaks



**CYNDI BALICH**  
Medical Assistant, Baylor Family Medicine - Kirby



**AZALIA MANCERA**  
Research Coordinator, FCM Kirby Office



**MARQUETTA WISE**  
Medical Assistant, Baylor Family Medicine - River Oaks

To view available positions in Family and Community Medicine, visit our [job openings web page](#).



# GRANTS

## **EMPOWHER: SAMHSA | \$2,500,000** **Zoorob, PD**

The Substance Abuse and Mental Health Services Administration awarded the department with a

multimillion-dollar grant for the EmpowHER project. From September 2023 to 2028, a dedicated team is collaborating with Santa Maria Hostel to provide treatment for substance use disorders to underserved patients at risk for or living with HIV.

## **MORE FUNDING IN 2023** **FCM Faculty as Key Personnel**

### **MIRRORS+ (Maternal Initiative for Reflective Recovery-Oriented Residential Services Plus): SAMHSA - SMH | \$172,634**

Sept. 30, 2023 – Sept. 29, 2028  
Kowalchuk, Subaward PI (Bell, PI)

### **Access to Care: SAMHSA - BHSST | \$157,972**

Sept. 30, 2023 – Sept. 29, 2028  
Gonzalez, Subaward PD (Martinez, PD)

### **Nueva Start: SAMHSA - BHSST | \$157,972**

Sept. 30, 2023 – Sept. 29, 2028  
Gonzalez, Subaward PD (Martinez, PD)

### **THECB Family Medicine Residency Program (2023 Renewal): Texas Higher Education Coordinating Board | \$195,100**

Sept. 1, 2023 – Aug. 31, 2024  
Warwick, PD

### **A Randomized Controlled Trial of a Diagnostic Stewardship Intervention to Reduce Inappropriate Antibiotic Use for Urinary Tract Infections in Primary Care: AHRQ | \$2,322,759**

Aug. 1, 2023 – May 31, 2028  
Grigoryan, Contact PI; Faustinella, Co-I (Trautner, MPI; Chen, Co-I)

### **Prostate Cancer Project: The V Foundation for Cancer Research | \$16,588**

Aug. 1, 2023 – July 31, 2024  
Rustveld, Collaborator (Sreekumar, PI)

### **Implementation of a Hypertension Education Class at a Community-Based Clinic in an Underserved Urban Area: TAFP | \$3,750**

May 4, 2023 – April 30, 2024  
Atkinson, PI; Waqar, Co-I

### **Reducing Use of Antibiotics without a Prescription: Testing of a Stakeholder-Driven, Patient Education Intervention in Primary Care: TAFP | \$10,000**

May 1, 2023 – April 30, 2024  
Grigoryan, PI; Zoorob, Co-I (Trautner, Co-I)

### **Familias Contra Diabetes: Group Visits to Teach Self-Management Strategies to Diabetic Patients and their Families: TAFP | \$5,540**

May 1, 2023 – April 30, 2024  
Nguyen, PI

### **A Multi-level Approach to Assess the Role of Environmental and Social Factors on the Health of the Black Maternal-Fetal Dyad during Pregnancy - A Pilot: NIH/NIMHD | \$50,000**

April 1, 2023 – March 31, 2024  
Spooner, PI (Symanski, PI)

### **Patient-Provider Communication: Examining the Influence of Black Patients' Weight Status and Race: NIH/NHLBI | \$12,669**

Jan. 1, 2023 – Dec. 31, 2023  
Spooner, Subaward PI (Bruce, PI)

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Refer to the glossary on [page 30](#) for acronym definitions. To view a complete list of active projects, visit our dedicated [grant funding web page](#).





# PUBLICATIONS

## PUBLISHED MANUSCRIPTS

Hansen RM, Agana-Norman DFG, Hufton A, Hansen MA. [Submersion injuries and the cost of injury associated with drowning events in the United States, 2006–2015](#). *J Community Health*. 2023 Dec 25. Epub ahead of print

Mejia MC, Adele A, Levine RS, Hennekens CH, Kitsantas P. [Trends in cigarette smoking among United States adolescents](#). *Ochsner J*. 2023 Dec 21;23(4):289–295

Martinez-Fernandez T, Mejia MC, Arcia R, Sanchez-Lara PA. [Climate Justice in the Barrios: A chronically neglected topic for the most climate-vulnerable communities in the U.S.](#) *JNHMA*. 2023 Nov 30;1(2):50–57

Valentine-King MA, Trautner BW, Zoorob RJ, Salemi JL, Gupta K, Grigoryan L. [Predicting antibiotic susceptibility among patients with recurrent urinary tract infection using a prior culture](#). *J Urol*. 2024 Jan;211(1):144–152. Epub 2023 Oct 11

Peoples N, Gebert JT, Clark D. [Turning good intentions into good outcomes: Ethical dilemmas at a student-run clinic and a rubric for reflective action](#). *Med Humanit*. 2023 Sep 11:medhum-2023-012695. Epub ahead of print

Laytner LA, Olmeda K, Salinas J, Alquicira O, Nash S, Zoorob R, Paasche-Orlow MK, Trautner BW, Grigoryan L. [Acculturation and subjective norms impact non-prescription antibiotic use among Hispanic patients in the United States](#). *Antibiotics (Basel)*. 2023 Sep 8;12(9):1419

Ghaddar T, Ferris A, Mejia MC, Ravi SN, Levine RS, Hennekens CH, Caceres JW. [Evolving trends in US mortality from opioid overdose: Heroin and beyond](#). *Am J Med*. 2023 Dec;136(12):1211–1215. Epub 2023 Sep 1

Ratliff HT, Hansen MA, Hasbun RR. [Predictors of 90-day readmissions in adults with bacterial meningitis](#). *Mayo Clin Proc*. 2023 Aug;98(8):1256–1258

Gutierrez JA, Hirth JM, Zoorob R, Levine RS. [Racial, ethnic and gender trends in lung cancer mortality rates in the United States-Mexico border and non-border areas](#). *Prev Med*. 2023 Oct;175:107686. Epub 2023 Aug 28

Sarkar A, Appelbaum NP, Asaithambi R, Tran C, Lin D, Aggarwal A, Nguyen S. [Climate change as a social determinant of health: An interactive case-based learning activity](#). *MedEdPORTAL*. 2023 Aug 2;19:11332

Palumbo SA, Levine RS, Robishaw JD, Hennekens CH. [Temporal trends and geographic variations in mortality rates from tobacco and firearms in the United States](#). *Prev Med*. 2023 Oct;175:107622. Epub 2023 Jul 16

Amenta E, Grigoryan L, Rajan SS, Ramsey D, Kramer JR, Walder A, Chou A, Van JN, Krein SL, Hysong S, Naik AD, Trautner BW. [Quantifying the implementation and cost of a multisite antibiotic stewardship intervention for asymptomatic bacteriuria](#). *Antimicrob Steward Healthc Epidemiol*. 2023 Jun 30;3(1):e115

Peoples N, Fang M, Kontoyiannis P, Andrews C, Clark D. [Development of a user-informed social resource guide to improve identification and management of psychosocial concerns: A model for the free clinic setting](#). *J Stud Run Clin*. 2023 Jun 5;9(1)



# PUBLICATIONS

## BLOG ARTICLES

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Kowalchuk A. [Lifesaving medicine hits retail shelves THIS MONTH. Should you stock up?](#) Baylor College of Medicine's PolicyWise Blog. 2023 Sep 12

Rustveld L. [Diabetes self-management and gender disparities.](#) Baylor College of Medicine's PolicyWise Blog. 2023 Aug 18

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Ren M. [What to consider when ranking pediatric residency programs.](#) Blueprint Med School Blog. 2023 Dec 5

Ren M. [Opposed vs unopposed family medicine residency programs: A comparative analysis.](#) Blueprint Med School Blog. 2023 Nov 30

Ren M. [What to consider when ranking family medicine residency programs.](#) Blueprint Med School Blog. 2023 Nov 14

Ren M. [Going back to in-person residency interviews: How to prepare & what to expect.](#) Blueprint Med School Blog. 2023 Oct 25

Ren M. [Making friends in med school: How to find your people.](#) Blueprint Med School Blog. 2023 Oct 12

Ren M. [Med School Burnout: Know the signs, causes, & how to manage it.](#) Blueprint Med School Blog. 2023 Sep 26

Ren M. [Residency Applicants: Your guide to the MyERAS impactful experiences section.](#) Blueprint Med School Blog. 2023 Aug 22

Ren M. [How to explain educational gaps on your residency application.](#) Blueprint Med School Blog. 2023 Aug 15

Ren M. [What to know about the new ERAS program signaling feature.](#) Blueprint Med School Blog. 2023 Aug 8

Ren M. [What to know about the new 2024 MyERAS application.](#) Blueprint Med School Blog. 2023 Jul 18

Ren M. [How to handle difficult medical board exam questions that you're unsure about.](#) Blueprint Med School Blog. 2023 Jul 6

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Ren M. [10 tips for effectively using flashcards in medical board exam preparation.](#) Rosh Review Blog. 2023 Jul 17



# PRESENTATIONS



## 2023 STFM CONFERENCE ON PRACTICE AND QUALITY IMPROVEMENT Sept. 11-13, 2023

Varadarajan S, Juneja M. Does QI work weigh in as much as a publication? The ABC of making QI count.

Bhattarai S, Bansal K, Juneja M. Integrating CME within the clinical practice in a community clinic.

Mahmood H, Lateef M, Fatima A, Anders J. Impact on glycemic control in diabetic patient population by improving provider prescribing practice.

Joshi B, Bhattarai S, Juneja M. Improving pneumococcal vaccine in diabetics in community clinic.

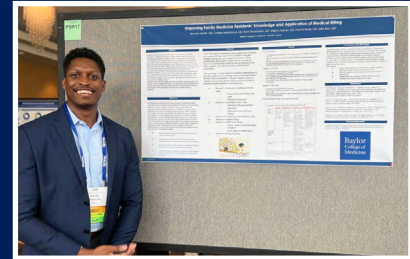
Martin B, Mendonca C, Ghanayem R, Holmes W, Rode R, Ren M. Improving family medicine residents' knowledge and application of medical billing.

Mendonca C, Nwagwu C, Danek L, Babu C, Rode R, Aggarwal A, Varadarajan S. Increasing family medicine resident familiarity and comfortability with obstetrical care.

Joshi B, Bhattarai S, Aggarwal A. Optimizing screening for osteoporosis in elderly female populations in a community clinic.

Varadarajan S, Rosette N, Shipman-Wadley C, Okusanya C. Sustaining improvements in chronic disease management with a multidisciplinary team.

Nwagwu C, Rode R, Jarrett B. Improving postpartum no-show rates in a family medicine community clinic.





# PRESENTATIONS

## NATIONAL POSTERS AND PRESENTATIONS

### 51<sup>ST</sup> NAPCRG Annual Meeting | Oct. 30 - Nov. 3, 2023

Shah N, Porter T, Kuncharapu I, Barning K, Mahmood H, Spooner K, Rode R. Understanding of flood safety awareness while driving among Harris County residents.

Rode R, Kuncharapu I, Porter T, Shah N. E-PIC Project (Promoting Intradepartmental Communication) Utilizing Epic Tools.

### IDWeek 2023 | Oct. 11-14, 2023

Amenta E, Trautner BW, Olmeda K, Salinas J, Arya M, Laytner L, Paasche-Orlow M, Grigoryan L. Lack of knowledge of antibiotic risks among an outpatient population is associated with intention to use non-prescription antibiotics.

Shah JR, Trautner BW, Olmeda K, Salinas J, Laytner L, Faustinella F, Raphael JR, Paasche-Orlow MK, Grigoryan L. Leftover antibiotics are a major barrier to antibiotic stewardship: Results from a survey in over 500 patients in ambulatory care settings.

Laytner L, Chen P, Nash S, Salinas J, Olmeda K, Zoorob R, Paasche-Orlow M, Trautner B, Grigoryan L. A qualitative study of patient perspectives on the use of antibiotics without a prescription.



### SIDM 2023 Conference - The Future of Diagnosis: Achieving Excellence and Equity | Oct. 8-11, 2023

Faustinella F. 62-year-old woman with a one month history of back pain, fever, and a large mass on physical exam.

Faustinella F. A non-GI cause of abdominal pain, nausea, and vomiting: The power of observation in clinical medicine.

### 18<sup>TH</sup> Annual LMSA National Conference | Sept. 14-17, 2023

Diaz V, Rosas A, Tai A, Elisarraras F, Olvera A, Hernandez A, Mejia MC. Needs of Latinx health fair participants: The role of medical students as general health screeners.



# PRESENTATIONS

## REGIONAL POSTERS AND PRESENTATIONS

### Texas Division Physician Enterprise CME Event | Oct. 21, 2023

Zoorob R. Tobacco use, cessation, and peri-operative risks.

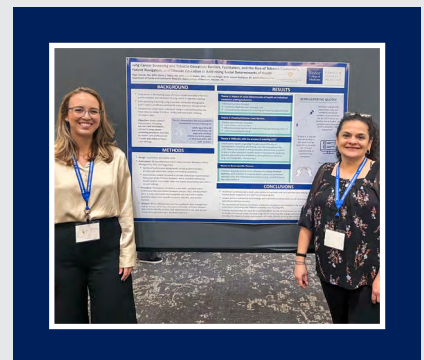
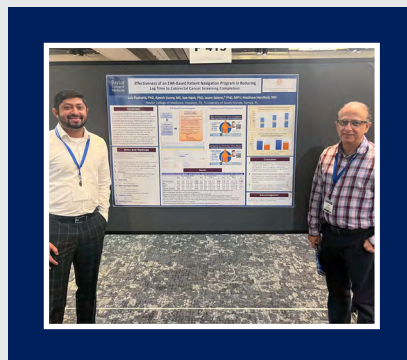
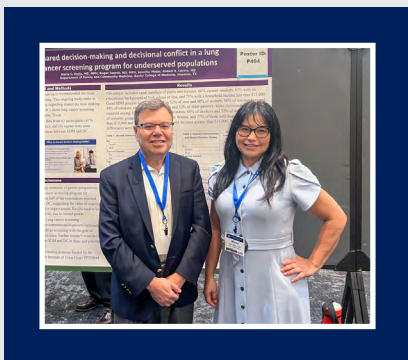
### CPRIT's Innovations in Cancer Prevention and Research Conference VI | Oct. 2-3, 2023

Mejia MC, Zoorob R, Matas J, Levine RS. Shared decision-making and decisional conflict in a lung cancer screening program for underserved populations.

Rustveld L, Sunny A, Nash S, Salemi J, Horsfield M. Effectiveness of an EHR-based patient navigation program in reducing lag time to colorectal cancer screening completion.

Rustveld L, Sunny A, Salemi J, Nash S, Horsfield M. Association between obesity and smoking and risk for colorectal cancer precursors: A cross-sectional study.

Zoorob R, Mejia MC, Walker R, Rangel A, Rodriguez J, Gonzalez S. Lung cancer screening and tobacco cessation: Barriers, facilitators, and the role of tobacco counselors, patient navigators, and clinician education in addressing social determinants of health.



### Bringing Alcohol and Other Drug Research to Primary Care Symposium | Sept. 8, 2023

Gonzalez S. Screening and Brief Intervention & Trauma and Stigma.

Zoorob R. Medications for NUD.

Kowalchuk A. Medications for AUD & Medications for OUD.





# PRESENTATIONS

## LOCAL PRESENTATIONS – BAYLOR COLLEGE OF MEDICINE

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### Family and Community Medicine Grand Rounds | Dec. 12, 2023

Ataei H. Prostate Disorders.

### Family and Community Medicine Grand Rounds | Nov. 14, 2023

McCurry V. Overview of global health topics and applied ethical considerations.

### Family and Community Medicine Grand Rounds | Sept. 12, 2023

Nwagwu C. Overview of Ovarian Cysts: The role of primary care physicians.

### Family and Community Medicine Grand Rounds | Aug. 8, 2023

Danek L. Preconception of Care.

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### Ambulatory Care Services Grand Rounds | Aug. 29, 2023

Mahmood H. Evolving Strategies: Navigating the 2023 type 2 diabetes management guidelines.

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### Psychiatry Grand Rounds | Dec. 6, 2023

Alzate MM, Boyd W, Banu S. The role of mental health professionals in the asylum process.

## 2023 ANNUAL PRIMARY CARE UPDATE CONFERENCE

Oct. 14, 2023

Sarkar A, Bansal K, Atwal D, Randall S, Ren M. Clinical Efficiency: Balancing complex patient needs and expectations.

Varadarajan S, Juneja M. Developing QI and submitting an abstract from start to finish.

Gaba R, Mahmood H. Learning updates in diabetes management through case discussions.

Riley A, Rode R. Point of Care Ultrasound: Specifics and physics.

Rode R. Point of Care Ultrasound: Learning an emerging ambulatory care tool.



# GLOSSARY

## A

- **AACAP** – American Academy of Child and Adolescent Psychiatry
- **AHA** – American Heart Association
- **AHRQ** – Agency for Healthcare Research and Quality
- **AAFP** – American Academy of Family Physicians
- **AARP** – American Association of Retired Persons
- **ARC-PA** – Accreditation Review Commission for the Physician Assistant

## B

- **BCM** – Baylor College of Medicine
- **BHSST** – Behavioral Health Solutions of South Texas

## C

- **CEHE** – Community Engagement and Health Equity
- **CHP** – Community Health Programs
- **CME** – Continuing Medical Education
- **CPRIT** – Cancer Prevention and Research Institute of Texas
- **Co-I** – Co-Investigator

## F

- **FCM** – Family and Community Medicine

## H

- **HCAFP** – Harris County Academy of Family Physicians
- **HHS** – Harris Health System

## I

- **IDSA** – Infectious Diseases Society of America
- **IDWeek** – Meeting with Infectious Diseases Society of America (IDSA), Society for Healthcare Epidemiology of America (SHEA), HIV Medicine Association (HIVMA), Pediatric Infectious Diseases Society (PIDS), and Society of Infectious Diseases Pharmacists (SIDP)

## L

- **LMSA** – Latino Medical Student Association

## M

- **MEDVAMC** – Michael E. DeBakey Veterans Affairs Medical Center

## N

- **NAPCRG** – North American Primary Care Research Group
- **NIH/NHLBI** – National Institutes of Health/ National Heart, Lung, and Blood Institute
- **NIH/NIMHD** – National Institutes of Health/ National Institute on Minority Health and Health Disparities

## P

- **PD** – Program Director or Project Director
- **PEAR** – Professional Educator Appreciation and Recognition awarded by Baylor
- **PI** – Principal Investigator
- **POM** – Practice of Medicine
- **PRN** – Peer Resource Network

## S

- **SAMHSA** – Substance Abuse and Mental Health Services Administration
- **SBIRT** – Screening, Brief Intervention, and Referral to Treatment
- **SIDM** – Society to Improve Diagnosis in Medicine
- **SOM** – School of Medicine
- **SMH** – Santa Maria Hostel, the largest substance use disorder treatment center for women in Texas
- **STFM** – Society of Teachers of Family Medicine

## T

- **TAFP** – Texas Academy of Family Physicians
- **THECB** – Texas Higher Education Coordinating Board
- **TVFC/ASN** – Texas Vaccines for Children/Adult SafetyNet

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**FCM NEWSLETTER**



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