

# BCM GOBIG

FALL 2024 NEWSLETTER

ADVOCACY

MENTORSHIP

EDUCATION

RESEARCH

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# **GOBIG Kickoff Meeting**

We started our new school year by introducing GOBIG to our new MS1s and other students interested in Ob/Gyn. Over 30 students attended our meeting where we discussed GOBIG's goals for the Fall. We split up into small groups of 5 students to give everyone the opportunity to share ideas and get to know each other.



# **ACOG District XI Anuual Meeting**

In October, our members represented GOBIG and BCM at the District XI Meeting in Grapevine, TX. There were plenty of opportunities for education, networking, and fun!







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#### **Volunteer Events**

#### Santa Maria

Our members volunteered at a sexual and reproductive health event, held at the Santa Maria Jacquelyn House, a treatment center for women recovering from substance use disorders. Our members led educational stations featuring IUD and Nexplanon models, providing valuable information and support to the attendees.



#### Dia de La Mujer Latina

On the same day, some of our other members provided breast exams to over 100 patients!



#### **Volunteer Events**

#### Girl Scouts Health Badge Event

In October, 9 of our members and 30 scouts attended the Girl Scouts Badge Event and discussed crucial topics such as pap smears, interpersonal violence, and STI testing. The regional chapter awarded us with a Community Award for our participation!







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# Social Events

#### Meet the Interns Social

Our members met our wonderful new interns at Alabama Ice House in September. We had over 10 members and 6 residents attend. It was a night of delicious food and fun!

#### Wine and Gyn

In October, we held our Wine and Gyn with Dr. Katie Fung-Yip. We discussed the important topics of medical school debt management and financial literacy and enjoyed refreshments and appetizers.

#### **Holiday Party**

In December, our members celebrated a successful GOBIG semester at Kirby Icehouse with food, games, and lots of festivities!



#### **Education Events**

# Ob/Gyn Care for Patients with IDD

We hosted a collaborative event with the Public Health Interest Group and BCM's American Academy of Developmental Medicine and Dentistry. We learned about Ob/Gyn care for patients with IDDs with Dr. Harris.

#### **Contraception Workshop**

We partnered with Medical Students for Choice to host an event about contraception which included a lecture and practicing insertion on models.

#### **Subspecialty Panel**

IOur annual sub specialty panel featured 7 subspecialties on zoom allowing our members to learn more about career options within Ob/Gyn. We gained insight into the daily routines of each subspecialty, what led each attending to choose their career paths, and what are the joys and hardships of these paths.

#### **Substance Use in Pregnancy**

In November we learned about substance use in pregnancy with Dr. Ojeda, a psychiatrist who focuses on psychiatric conditions during pregnancy.

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#### Research

#### Intro to Research Meeting

Our Ob/Gyn specialty specific mentor, Dr Matt Carroll, met with us on zoom for our annual introduction to research meeting. He discussed how to get involved in research and gave an overview of the SOAR medical student research database. Over 30 members attended.

Research projects that our members have been involved in this semester, with GOBIG members' names bolded.

Callaghan LT, Moran G, Brisola D,
Camarena B, et al. Female Victims
of Firearm Intimate Partner Violence:
Characterization and Lethality
Predictors. J Womens Health.
Published online September 4, 2024.
doi:10.1089/jwh.2024.0279

Casey, SR., Fang, ME., Goytia, K,
Monestime, G., Dietrich, J. (In press).
Accuracy of Imperforate
Hymen Diagnosis at a Pediatric and
Adolescent Gynecology Referral
Center. Journal of
Pediatric and Adolescent
Gynecology

#### Advocacy

Some of our members participated in the AVOW Abortion Advocacy Event in September, that engaged with the community about their stances on abortion by sharing impatcful stories.



#### **Contact Info**

If you would like to get involved with GOBIG, please contact our co-presidents at Ariana.Olvera@bcm.edu or Sarah.Casey@bcm.edu

#### **Upcoming Events**

- Post-Match Mixer
- Wine and Gyn
- Dia de La Mujer
- And much more!