### January 5, 2022

**Joining Patients at the Brink of Death: Responding Effectively to Chronic Suicidality**

**Julie Skutch, PhD**  
Assistant Professor  
Menninger Department of Psychiatry  
Baylor College of Medicine, The Menninger Clinic

**Objective:** At the conclusion of this session, participants should be able to:

- Recognize differences between acute and chronic suicidality.
- Identify the primary difference in patient and provider perspectives of chronic suicidality that leads to barriers in treatment and ruptures in alliance.
- Apply a functional conceptualization of chronic suicidality to simultaneously foster treatment effectiveness and reduce provider burnout.
- Discuss ethical considerations of treatment for chronic suicidality that prioritizes both alliance and a functional conceptualization.

*This activity has been designated by Baylor College of Medicine for 1 credit of education in medical ethics and/or professional responsibility.*

### January 12, 2022

**A Boost for Behavioral Health in Texas: Improving Access to Children's Mental Health Care via CPAN and TCHATT**

**Amy Goetz, PhD**  
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Menninger Department of Psychiatry  
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**Lauren Havel, MD**  
Assistant Professor  
TCH Psychiatry  
Baylor College of Medicine

**Asna Matin, MD**  
Assistant Professor  
Menninger Department of Psychiatry  
Baylor College of Medicine

**Objective:** At the conclusion of this session, participants should be able to:

- Demonstrate greater understanding of the state-funded Child Psychiatry Access Network (CPAN) and the Texas Child Health Access through Telemedicine (TCHATT) programs and their operations at Baylor College of Medicine.
- Identify ways in which these programs can be promoted and utilized to increase access to pediatric mental health care in the State of Texas.
- Recognize the opportunities and the challenges in the development of new clinical programmatic endeavors.
Clinicians' Reactions Toward Children and Their Caregivers in a Community Child Psychiatry Clinic

Matthew Koller, MD
PGY-4 Psychiatry Chief Resident
Menninger Department of Psychiatry
Baylor College of Medicine

Martin Maldonado-Duran, MD
Associate Clinical Professor
University of Kansas, Kansas City, Missouri
Associate Professor, Menninger Department of Psychiatry
Baylor College of Medicine

Objective: At the conclusion of this session, participants should be able to:

- Identify the most commonly negative or ambivalent reactions psychiatrists have toward children who come to the mental health clinic for consultation.
- Describe the most common negative reactions clinicians have to parents and other caregivers of children and adolescents evaluated in a mental health clinic.
- Correlate the reasons clinicians give for their negative reactions with children’s symptoms and parents’ behavior during the consultation.
- Discuss how these negative reactions may be influenced by the COVID-19 pandemic and when utilizing telehealth modalities.
- Review the concepts of countertransference and preconscious reactions and their possible impact on the diagnosis and treatment of children, parents, and the clinicians themselves.
- Engage in self-examination as mental health providers to improve the clinician patient relationship.
- Utilize evidence-based strategies to manage difficult patient encounters.

This activity has been designated by Baylor College of Medicine for 1 credit of education in medical ethics and/or professional responsibility.

Impact of Social and Cultural Issues on the Asian American and Pacific Islander Community and Recommendations for Mental Health Treatment

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Phuong Nguyen, PhD
Associate Professor
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Objectives: At the conclusion of this session, participants should be able to:

- Identify how social and political factors have affected the Asian American and Pacific Islander community during the COVID-19 pandemic.
- Discuss cultural factors that influence the willingness of Asian Americans and Pacific Islanders to seek out mental health treatment.
- Describe how the Western model of mental health treatment interacts with and influences the mental health of Asian Americans and Pacific Islanders.
- Provide recommendations to mental health providers for culturally competent care.

This activity has been designated by Baylor College of Medicine for 1 credit of education in medical ethics and/or professional responsibility.

Target Audience and Needs: Physicians, psychologists, residents, fellows, physician assistants, nurses, and social workers in a variety of disciplines need to be regularly updated on strategies for navigating suicidal grief, posttraumatic growth, and adverse clinical outcomes. The series aims to increase knowledge of the learners in these topic areas, and to enhance the quality of care and improve outcomes.
Educational Methods: Educational methods will include lectures, case presentations, literature review, and panel discussion.

Activity Evaluation: Participants may be asked to complete a session evaluation.

Accreditation/Credit Designation: Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Work: Baylor College of Medicine, Division of Continuing Professional Development (License Number 7270) is an approved continuing education provider for Social Workers through the Texas State Board of Social Worker Examiners. This activity has been approved for 1 continuing education unit.

Confidentiality Acknowledgement: This regularly scheduled series (RSS), planned by/presented to the institution's professional staff, is accredited by Baylor College of Medicine (BCM) for AMA PRA Category 1 Credit™ for physicians. In connection with my participation in this RSS, I understand that I may be exposed to patient information, research participant information, and/or proprietary information (collectively referred to as "Confidential Information"). I agree to keep this information confidential and not to disclose the information to any other person or entity unless in accordance with applicable federal and state laws and the policies and procedures of BCM and/or its affiliated entities.