

Message From the Chair

Welcome to our department quarterly newsletter.

A Loss to our Community

I lost an old friend last week. Steve Southwick, M.D., died peacefully among friends and family following a long illness. Steve and I were in the same Psychiatry residency class at Yale and joined its faculty upon graduation. He remained at Yale for his entire professional career, emerging as a trailblazer in the study of PTSD in Veterans.

Steve was a pioneer in the neurobiology of PTSD. At the West Haven VA Hospital, he studied the role of the noradrenergic system in the symptoms of PTSD. Based on that research, he introduced prazosin as a treatment for nightmares in PTSD. Through extensive interviews of survivors of combat-related trauma, Steve documented their stories and their journeys beyond the traumatic event. In addition to addressing the symptoms of PTSD, he sought a better understanding of resilience in the face of trauma and the path to post-traumatic growth.

His loss hit me hard. We were part of a tightly knit resident group that shared our professional growth amid a range of social activities outside of work. As faculty together and later as academic colleagues at different institutions, we maintained a bond. I tried, unsuccessfully, to recruit him to the University of Florida. While I sought his exceptional expertise in PTSD, my motives were likely deeper.

At the recent celebration of his life at Yale, one of the speakers spoke of his ineffable inner radiance of "light." I felt that, too. When I was with him, his



soft-spoken eloquence and passion for science, patients, and humanity, warmed my heart -- I will miss that invigorating and soothing experience. Fortunately, Steve's contributions will live on in those he mentored, those he treated, those he befriended, and in his written works, particularly, the book **Resilience: The Science of Mastering Life's Greatest Challenges**, he co-authored with Dennis Charney. Steve loved to write and was always honing his skills. He once shared this pearl with me, "The verb is the muscle of the sentence." Steve Southwick shall forever enrich the field of PTSD and lives of Veterans.

--Wayne Goodman, M.D.



In This Issue

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Honors

ADAA Conference Chairs



Chadi Abdallah, M.D.

Lynnette Averill, Ph.D., and **Chadi Abdallah, M.D.,** chaired the annual Anxiety and Depression Association of America (ADAA) conference



Lynnette Averill, Ph.D.

in Denver, Colorado, March 2022: **“Common Psychopathology: What Can the Past Tell Us About the Future?”**

Dr. Goodman: AAP Honor

Wayne Goodman, M.D., professor and chair of the Menninger Department of Psychiatry and Behavioral Sciences, was accepted into the Association of American Physicians (AAP). This honorary medical society was founded by Sir William Osler in 1885. Physicians with outstanding credentials in basic or translational biomedical research are elected to AAP and is limited to 70 physicians each year.



Wayne Goodman, M.D.

Dr. Banu: Refugee Conference Co-Chair

Sonia Banu, M.D., assistant professor, co-chaired the 5th annual Refugee Mental Health and Wellness Conference, held virtually March 2022. The theme focused on **“Recovery, Resilience, and Renewal: Hope and Healing in Challenging Times.”**



Sonia Banu, M.D.

Banu says the conference increased awareness about refugees, provided education, shared community resources as well as treatment options, cultural competency, and cultural humility.

“This topic is not just important now, but ever since WWII,” Banu relates.

Baylor psychiatry residents were highly involved as moderators, participants, and volunteers: Sana Younus, M.D., Hira Hanif, M.D., Henry Heisey, M.D., Vinh-Son Van Nguyen, M.D., Emcee Abdulla Alobaidi, M.D. Other participants included medical students Bharath Ram, Elijah Lilla Gautham and

faculty Lorna Wilks, M.D., Asna Matin, M.D., and Cynthia Conner, Ph.D. The conference had 317 attendees, 58 speakers, 27 states represented and five countries.

Dr. Chaudry Receives Fellowship

Raheel Chaudry, M.D., received the AADPRT Fellowship award in March 2022. This program is designed to promote the professional growth of exceptional residents and fellows and facilitate their successful development as leaders in psychiatry.



Raheel Chaudry, M.D.

Dr. Gordon: Global Health Scholar

Mollie Gordon, M.D., was appointed Global Health Scholar in Global Health for academic year through June 30, 2022. The honor recognizes her activities and passion in working on global health challenges in the area of global mental health records. This opportunity will allow her to promote research, share best practices, as well as collaborate on grant proposals and publications and present at global symposiums and meetings.

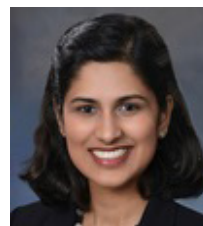


Mollie Gordon, M.D.

Residents Earn APA Fellowships

We are honored to recognize our General Psychiatry residents who earned fellowships from the American Psychiatric Association:

Nancy Shenoi, M.D. -- Public Psychiatry Fellowship
Alexandra Ngo, M.D., Vinh-Son Nguyen, M.D., and Grace Pham, D.O. -- SAMHSA Minority Fellowship



Nancy Shenoi, M.D.



Alexandra Ngo, M.D.



Vinh-Son Nguyen, M.D.



Grace Pham, D.O.

Awards

Dr. Shah Receives MHA-Greater Houston's Ima Hogg Award

Asim Shah, M.D., executive vice chair and professor of Psychiatry, received the Ima Hogg Award from Mental Health America of Greater Houston at the nonprofit's April luncheon. Mayor Sylvester Turner presented the prestigious award, the highest honor the organization gives to someone who has championed mental health and affected change through leadership.

During the event, Mayor Turner spoke about Dr. Shah's compassion and dedication to the community, especially his role during Hurricane Harvey as psychiatrists provided assistance at George R. Brown.

"This award is for what you have done, what you are doing, and what you stand for," Mayor Turner said.

In the video tribute about Dr. Shah, one individual says it best: "Dr. Shah has devoted his professional career to serving the underserved. And that's the highest honor anyone can be given in the healthcare arena." -- George Masi, former president and CEO, Harris Health System.



Dr. Shah's family celebrated the honor: his wife Nayyar Shah and son Ali Shah.



Nasruddin Rupani, The Honorable Marc Carter, Renae Vania Tomczak, Asim Shah, M.D., Sylvester Turner, and Mel Taylor.



Dr. Shah and department chair Dr. Wayne Goodman.



Houston Mayor Sylvester Turner presented the award to Dr. Shah.

View the [special video](#) Mental Health America of Greater Houston created to honor Dr. Shah.



2022 Ima Hogg Award Honoree, Dr. Asim A. Shah, presented by MHA of Greater Houston

Dr. Williams: NAMI Award

Laurel Williams, D.O., was selected as a recipient of Heroes and Hope Across Greater Houston, an inaugural award by the National Alliance on Mental Illness (NAMI) Greater Houston. Recipients made contributions that significantly influenced the mental health or behavioral health industry or impacted people, families, or communities in Greater Houston, especially those with mental illnesses. Williams received the award at a virtual gala in January 2022.



Laurel Williams, D.O.

DEI Spotlight

It is with great excitement we highlight some of the incredible work our faculty, staff, and trainees have been doing to address issues of Diversity, Equity, and Inclusion throughout our community and within the department. This quarterly spotlight is an opportunity to shine a light and acknowledge this work and people engaging in it, as well as create new initiatives and collaborations across affiliates and throughout the department.

-- Dr. John Saunders, Vice Chair, Diversity, Equity & Inclusion

Diversity in Patient Care: Pediatric Patients Ages 5-17

By Dana B. Bradley, M.D.

Texas Children's Child and Adolescent Outpatient Clinic seeks to assess, evaluate, and understand how diversity impacts our patient care. We wanted to better understand the factors that contribute to the differences in psychiatric diagnoses among different races in our outpatient child and adolescent psychiatry setting at Texas Children's Hospital.

Our team aims to identify clinician biases, referral biases, and other factors that may influence the diagnosis that individuals from different racial groups receive. The team also hopes to answer the question: Do disparities persist when correcting for age, insurance status (Medicaid vs. private), or in the chief complaint/reason for referral?

To this end, we are analyzing behavioral health referrals using data from calendar year 2019, including all patients between ages 5 to 17 seen in our psychiatry clinic for an initial evaluation. Then, we will identify diagnoses received by patients at appointments and provide data for each individual racial group. Additionally, we will identify which patients are seen by psychiatry and ascertain if there are differences based on the race of the patient and how these factors may or may not correlate to our individual treatment plans. Our goal, working in conjunction with the Texas Children's Public Health team, is to highlight any potential racial disparities in our own practice to make improvements or changes that would allow clinicians to better serve our community equitably and effectively.

Awards (continued from p. 3)

NIA Recipients: Murphy, Tamman

Nicholas Murphy, Ph.D., and **Amanda Tamman**, clinical psychology intern, were selected as 2022 American Society of Clinical Psychopharmacology (ASCP) New Investigator Award recipients. They will be recognized at 2022 ASCP annual meeting May 31 – June 3, 2022, titled "Reassessing Research and Clinical Practice in the Peri-pandemic Era."



Nicholas Murphy, Ph.D.

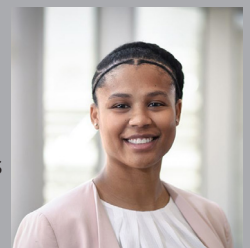


Amanda Tamman

The goals of the program are to help awardees learn of opportunities available to clinical researchers, introduce them to potential senior investigators from other institutions, and begin to establish a national peer group for the New Investigators.

Dr. Boykin: Scholars Program

Washington University, St. Louis accepted **Derrecka Boykin, M.D.**, into the Institute for Implementation Science Scholars program. This two-year mentored training program helps researchers disseminate and implement strategies to reduce chronic disease burden and address health inequities.



Derrecka Boykin, M.D.

"I'm excited about an opportunity to receive formal training in implementation science," Boykin relates. "I've become passionate about finding creative ways to improve health equity and sustain effective practices in challenged settings."

As a scholar, Boykin will work on a D&I research proposal to be submitted for external funding by the end of the program. It will target adapting a brief Acceptance and Commitment Therapy intervention to women veterans with chronic pelvic pain.

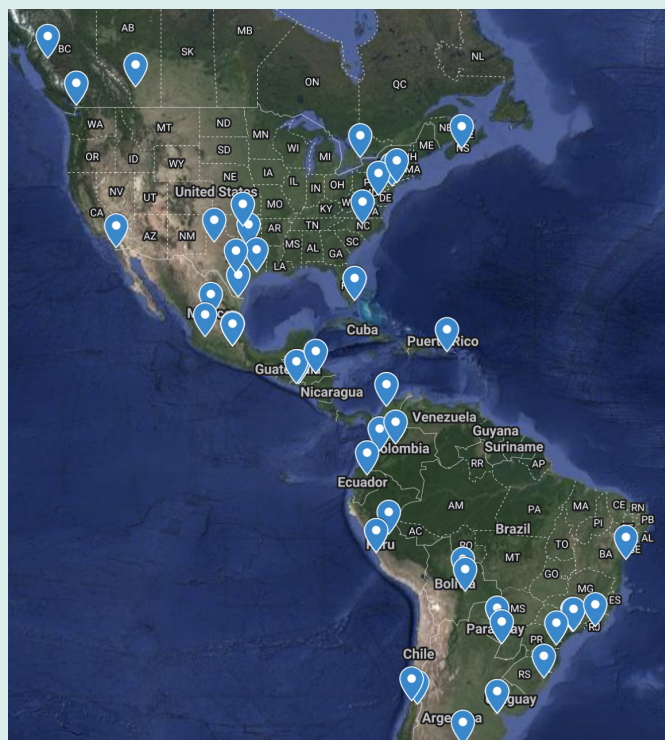
Research

Latin American Trans-Ancestry Initiative for OCD Study Update

Since January, the [Latin American Trans-ancestry Initiative for OCD Genomics \(LATINO\)](#) team, working with University of North Carolina, has recruited its first 60 participants at the anchor site at Baylor College of Medicine. The team also has onboarded more collaborators (52 sites in 13 countries) with more on the way.

The team is training clinic collaborators as more and more partners are receiving approval to begin recruitment. Social media recruitment has taken off, as well, with exciting collaborations with patient and clinic networks for a combined following of more than 400,000. The team is using Instagram, Facebook, Twitter, and Reddit to post information about the study directing people to the survey. The team also is partnering with OCD and Hispanic advocacy influencers to re-post the content.

“We are incredibly grateful for the community support and looking forward to our first partner site collection,” says Olivia Morris, LATINO research coordinator.



Collaborations with OCD clinics

SAVE THE DATE:

DBS for Intractable OCD: Candidacy
and Therapy Conference

October 14, 2022



Hotel Intercontinental: Med Center

Baylor
College of
Medicine

WATCH FOR MORE INFO.

Department of Psychiatry and Behavioral Sciences

Education

Meet Our New Trainees

We are pleased to welcome our new residents, fellows, and interns to the Department of Psychiatry and Behavioral Sciences for academic year 2022-2023.

General Psychiatry Residents



Gibson Anugwom, M.D.

Joshua Coleman, D.O.

Danielle Egbe, D.O.

Jorgen Eyabi, D.O.

Ari Gao, M.D.

Adam Griffin, M.D.

Henry Guajardo, M.D.

Harshit Gupta, M.D.

Deena Habazi, M.D.

Dafe Jessa, D.O.

Burhan Khan, M.B.B.S.

Alisha Khanna, D.O.

Komal Nathani, M.D.
(PGY2 transfer)

Ujval Pathak, M.D.

Child and Adolescent Psychiatry Fellows



Rissa Fedora, D.O.

Lissa Garcia Segui, M.D.

Campbell Reynolds, M.D.

Soyika Richardson, M.D.

Kerala Saugh, M.B.B.S.

Chantelle Shaw, D.O.

Sarah Tran, D.O.

Sana Younus, M.B.B.S.

Education

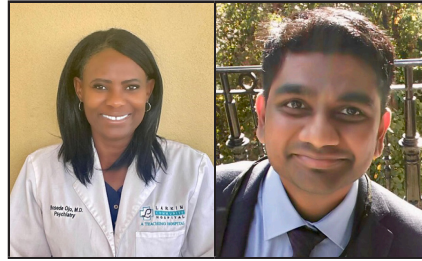
Addiction Psychiatry Fellows



Sri Pallavi
Morampudi, M.D.

Olusegun Popoola,
M.D.

Geriatric Psychiatry Fellows



Bose Ojo, M.D.

Venkatesh Sreeram,
M.D.

Consultation-Liaison Psychiatry Fellow



Roy Williams, Jr., M.D.

Psychology Interns



Sana Arastu, M.S. -- TIRR Memorial Hermann
John Rucker, B.A. -- The Menninger Clinic
Molly Church, M.A. -- OCD
Katherine Hurley Mangen, B.S. -- OCD

Samuel Spencer, B.S. -- OCD
Jordan Stiede, M.S. -- OCD
Rachel Floyd, M.A. -- Mood Disorders
Eric Sumlin, M.A. -- Ben Taub Hospital

TMS Services Ramp Up After COVID-19 Pause

by Vicki Powers

Transcranial magnetic stimulation (TMS) services are ramping up in the department again after taking a pause during the pandemic: new patients, new machine, and staff training to ensure patient success.

Shirali Suryakant Patel, M.D., assistant professor and director of TMS Services at Jamail, is excited to grow the program in her new director role. Coming out of the pandemic, Patel took time to determine how to build the program and create milestones. She wanted to develop something sustainable. Part of that is starting with a smaller number of patients.

“There will always be challenges with growing a program and making sure it runs smoothly,” Patel relates. “But we are trying to tackle those things one at a time and make sure there isn’t anything that keeps us up at night.”

Patel said the focus of the ramp-up process is ensuring providers are trained so everyone can pitch in to help. It also requires navigating insurance to confirm patients have access to it and gets approved.

Measuring Success

How does Patel determine success? Part is growing the program, since she believes it’s an important

photo: Department of Psychiatry and Behavioral Sciences at Jamail Office Building provides TMS services with its BrainsWay machine, a non-invasive treatment for those with medically-resistant depression or OCD. A typical treatment begins with 20 days (M-F for four weeks) in short 20-minute sessions.

treatment alternative to medication for patients who have struggled with depression and OCD.

“And we have the BrainsWay machine, which treats both of them,” Patel relates.

Before introducing BrainsWay into the department, the previous TMS machine treated depression, but

not OCD. A new OCD research trial in the department will offer TMS treatment to patients outside of research but insurance can be difficult to get approval for in OCD, so patients may have to pay out of pocket.

Another part of the success equation in TMS Services is that depression improves. Patients can begin considering TMS as an option once two medications have failed. In terms of patient care, it’s making sure the pathway to TMS accessibility is smooth and available for patients.

Patients have responded quite nicely to the treatment, according to Patel, and they appreciate there is a treatment offered beyond medication or therapy.

“What’s most rewarding is to be part of expanding access to different types of treatment to patients,” Patel says. “It’s certainly rewarding when someone gets better with treatment and knowing you’re part of that journey.”



New Podcast Alert!

The Menninger Clinic launched a new podcast, **Mind Dive**, featuring **Robert Boland, M.D.**, senior vice president and chief of staff, and **Kerry Horrell, Ph.D.**, staff psychologist. The two will explore the latest research, trending topics, dilemmas faced by mental health professionals as well as information that gets little attention in formal training programs.

Boland was named Chair, Consultation-Liaison Psychiatry Milestones 2.0 Project Subspecialty Workgroup, recently, as well.

Mind Dive is available on all of the places you find your favorite podcasts.

MIND DIVE PODCAST

With Dr. Kerry Horrell and Dr. Bob Boland
Presented by The Menninger Clinic

AVAILABLE
ON ALL
PLATFORMS
MARCH 7



Alumni Spotlight

Timothy K. Wolff, M.D.

BCM resident: 1983-1987, BCM chief resident: 1986-1987



How did your Baylor residency prepare you for your career?

It was a well-balanced program. It taught me many different things: how to assess and treat patients, adapt to changes in systems, rely on colleagues.

One of the more important things is to provide a role model on how to be an educator and how to teach.

We were a close-knit group of residents, and they were a key element in my residency. We would rely on each other to bounce ideas off for patients and share frustrations. If it hadn't been for some of the residents, it would have been a very difficult time.

What are some of your favorite memories during your time at Baylor?

Top of my list is my 30th birthday when we went to dinner with our significant others at Atchafalaya and then dancing after.

Another fond memory is playing golf with Dr. Jim Lomax, resident program director, and Dr. Alex Pokorny, vice chairman, at the faculty retreat my senior year.

What do you want to pass along to residents you work with at UT Southwestern?

One thing is taking care of the doctor/patient relationship. That is the most critical part of being a good psychiatrist is your integrity and effort to do



Linda Pownall and Dr. Jim Lomax in 1987.

your best to help the patient and understand them. Another is maintaining a good work/life balance.

What is Dr. Wolff Up to These Days?

Professor of Psychiatry, UT Southwestern Medical Center, 2010- present

Staff Psychiatrist, UT Southwestern Medical Center

-- Student Mental Health Service (aka Student Wellness and Counseling), September 1988-present

--Paul Bass Clinical Building, (private patients), September 2006-present

Associate Residency Training Director for the general adult psychiatry residency program, 2001- present

Assistant Medical Director, Parkland Psychiatry Outpatient Clinic, 2003- present

In what ways has psychiatry changed or stayed the same since your residency?

Medications are one thing that has changed.

The same? The importance of the doctor/patient relationship. But unfortunately, also the status of the severe nature of schizophrenia. Patients are still suffering, although it has improved some with second-generation antipsychotics.

What is one of your proudest career achievements to date?

My proudest moment is having been president of the Texas Society of Psychiatry Physicians. I helped run the organization and advocated for patients and psychiatrists. It was during the beginning part of the pandemic, so one of the most important things I did was write articles to instill hope for ourselves.

How do you understand the high incidence of physician burnout, especially among younger career physicians?

Complicated. Long hours. Less reward and recognition. Some separation from patients by documentation demands and regulations. Isolation from colleagues and others.

Compared to my days in residency, there were elements of that. But there also was a little bit more camaraderie, and the pace was a little slower.

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New Faces in Psychiatry

(new faculty hires December 2021- February 2022)

Julie Arseneau, Ph.D.

Assistant Professor
MEDVAMC

Marie Barrett, Ph.D.

Assistant Professor
MEDVAMC

Soumia Cheref, Ph.D.

Assistant Professor
MEDVAMC

Jennifer Cooks, Ph.D.

Assistant Professor
MEDVAMC

Brandon Hoeflein, Ph.D.

Assistant Professor
MEDVAMC

**Sarah Jackson, Ph.D.**

Assistant Professor
MEDVAMC

**Emily Kellogg, Ph.D.**

Assistant Professor
MEDVAMC

**Zina Peters, Psy.D.**

Assistant Professor
MEDVAMC

**Kimberly Poole, D.O.**

Assistant Professor
MEDVAMC

**Troy Webber, Ph.D.**

Assistant Professor
MEDVAMC

Alumni Spotlight

(continued from p. 9)

Additional thoughts?

Since I have been working in education administration, I really have come to appreciate everything Dr. Lomax did to set up the program, so that I was able to get a wonderful education.

He also provided a great role model, as perhaps one of the best psychiatrists I've ever known.

Regarding UT Southwestern and Baylor: There is healthy competition between the residency programs, but by far we are more of a team, because we need many more psychiatrists in the state.



Residents in lecture in 1987.



Dr. Wolff with the Occupational Therapy team at the psychiatric unit at The Methodist Hospital.

In the News

Miss Universe 2019 Suicide, FOX26 interviews Asim Shah, M.D., 1/31/2022

U.S. Secret Service Warning: Incel Threats Rise FOX26 interviews Asim Shah, M.D., 3/17/2022

Hospital-based Program to Fill Gap in Care for Survivor's of Human Trafficking, Trauma Psychology, Spring 2022, Vol. 17, Issue 1.

Pandemic Anxiety is Fueling OCD Symptoms -- Even for People Without the Disorder Time, 1/20/2022, Andrew Guzik, M.D., quoted

A Conversation on Black Mental Health. Anxiety and Depression Association of America. Instagram Live and YouTube. February 2022, Darius Dawson, Ph.D., interviewed

Simone Biles Ignited a Conversation Re: Mental Health. These Doctors Want to Keep it Going Houston Chronicle, 02/12/2022, Karen Winston, L.C.S.W., quoted

Could Depression Be Cured? These Houston Doctors Think So -- and They're Getting Results Houston Chronicle, 02/07/2022, Wayne Goodman, M.D., and Sameer Sheth, M.D., quoted

BCM Looking for Latinos for OCD Study Houston Chronicle, 02/03/2022, Eric Storch, Ph.D., quoted

Committed Relationships When it Comes to Romantic or Nonromantic Relationships, Reader's Digest, 1/4/2022. Asim Shah, M.D., quoted

Understanding Factors Related to Suicidality Leads to Better Therapeutic Interventions, Healio, 3/18/2022. Lynnette Averill, Ph.D., quoted based on presentation at ADAA.

Connecticut Lawmakers Discuss Bill to Fund Psilocybin and MDMA Therapy, Marijuana Moment, Dr. Lynnette Averill's written testimony was noted, along with colleagues.

A Once Homeless Veteran Goes from a Tiny House to an Apartment of His Own, USA Today, 2/2/2022. Edward Poa, M.D., quoted.

Healthy Goals in the New Year, Houston Chronicle, 1/7/2022, Kerry Horrell, Ph.D., quoted

Managing Worker Burnout, KPRC Ch.2. interviews Kerry Horrell, Ph.D., 1/21/2022

Ben Taub Psychiatry ER News

by Anu Matorin, M.D.

Ben Taub Psychiatry ER has been a mainstay of training and education in emergency psychiatry. All psychiatry residents do multiple rotations in the BT Psychiatry ER ("1-S"), during their residency training as well as a significant number of our BCM medical students and learners. Therefore, it is exciting news that **Ben Taub Psychiatry Emergency Center** has



relocated to a new expanded location after 38+ years. The development is part of a major ongoing renovation and expansion of Ben Taub Hospital Emergency Center.

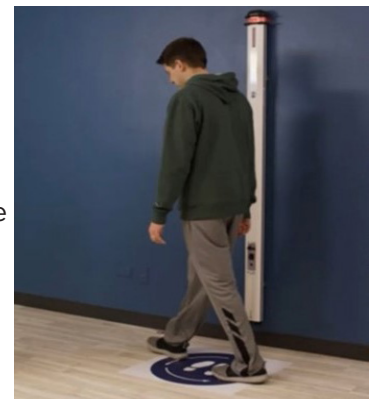
A "State of the Art" superb build-out allows for enhanced security, 13 individual private rooms for our psychiatry patients and separate work areas for our physicians, residents, medical students, learners, and staff.



Our new Psychiatry ER is seen as a model for other Psychiatry ERs in the city, county, and country and has already hosted numerous

visiting groups who are interested in developing and building their Psychiatry ER facilities.

The BT Psychiatry ER is now located in the main hospital next to the Green Elevators. Our department faculty and staff are welcome to visit.



New security at Ben Taub Psychiatry Emergency Center

Happenings

Fellow Life: Spring Retreat

Child and Adolescent Psychiatry fellows gathered for their Spring retreat in March 2022. They spent the morning doing a thorough review of the child psychiatry fellowship program, including affiliates, rotations, didactics, and faculty. For fun, they attended the Houston Rodeo to eat, play, and visit the petting zoo!

“I enjoy our social gatherings because it gives us an opportunity to bond with our friends and colleagues in a non-academic environment,” says Karthik Cherukupally, M.D.



back row (l. to r.): Karthik Cherukupally, Patrick O'Malley, Raheel Chaudhry, Ashok Yerramsetti

front row (l. to r.): Kulsoom Kazmi, Kiran Malhi Jenny Lee, Nnenna Akaronu, Sharon Karki, Adenike Ishola



Nnenna Akaronu, Patrick O'Malley, Karthik Cherukupally, Ashok Yerramsetti, Jenny Lee, Adenike Ishola, Kayla Balaj, and Natalie Torres enjoy the rodeo food!



Karthik Cherukupally, Nnenna Akaronu, Patrick O'Malley, Kulsoom Kazmi, and Jenny Lee.

Publications

Stark KM, Basit SA, Mitchell BG. Impact of Lithium on Suicidality in the Veteran Population. *Fed Pract*. 2022;39(3):130-135. DOI:10.12788/fp.0241

Truong, TT and Kosten, TR. Current Status of Vaccines for Substance Use Disorders: A Brief Review of Human Studies. *Journal of the Neurological Sciences*. Special Issue: "Psychedelic and Interventional Psychiatry", Guest Editor: Mark Gold, MD. Epub 2021 Dec 16.

Morice CK, Yammine L, Yoon J, Lane SD, Schmitz JM, Kosten TR, De La Garza R, Verrico CD. Comorbid Alcohol Use and Post-Traumatic Stress Disorders: Pharmacotherapy with Aldehyde Dehydrogenase 2 Inhibitors versus Current Agents. *Progress in Neuropsychopharmacology & Biological Psychiatry*. 2022 Jan 5;115:110506. doi: 10.1016/j.pnpbp.2021.110506. PMID: 34995723.

Petrakis, I., Springer, S. A., Davis, C., Ralevski, E., Lew, R., Hermos, J...Kosten, T... Rationale, Design and Methods Of VA-Brave: A Randomized Comparative Effectiveness Trial of Two Formulations of Buprenorphine for Treatment of Opioid Use Disorder in Veterans. *Addiction Science & Clinical Practice*, 17, 6, 2022 Jan.

and Interventional Psychiatry", Guest Editor: Mark Gold, MD. Epub 2021 Dec 16. <https://doi.org/10.1016/j.jns.2021.120098>.

Fletcher, T. L., Boykin, D. M., Helm, A., Dawson, D. B., Ecker, A. H., Freshour, J., Teng, E. J., Lindsay, J. A., & Hundt, N. E. (2022). A pilot open trial of video telehealth delivered exposure and response prevention for obsessive-compulsive disorder in Veterans. *Military Psychology*, 34(1).

Menefee, DS, Ledoux, TA, Johnston, CA. (2022). The role of emotion regulation in mental health. *American Journal of Lifestyle Medicine*, 28-31. DOI: 10.1177/15598276211049771.

Messinger J, Chukka A, and Boyd JW. Against Our Instincts: Decriminalization of Buprenorphine. *Journal of the American Board of Family Medicine*. March 2022.

Tabark Altai, MD; Syed Z. Iqbal, MD; Sameer H. Siddiqui; Asim A. Shah, MD. COVID-19 and Its Impact on Intimate Partner Violence: Are We Facing a Novel Pandemic of Violence in Families? *Directions in Psychiatry* Volume 41 number 3 page 181-194.

Abdallah, C.G., Roache, J. D., Gueorguieva, R, Averill, L. A., Young-McCaughan, S., Shiroma, P. R., Purohit, P., Brundige, A., Murff, B, Ahn, K-H, Sherif, M. A., Baltutis, E. J., Ranganathan, M., D'Souza, D., Martini, B., Southwick, S. M., Petrakis, I. L., Burson, R. R., Guthmiller, K. B., López-Roca, A. L., Lautenschlager, K. A., McCallin J. P. III, Hoch, M. B., Timchenko, A., Souza, S. E., Bryant, C. E., Mintz, J., Litz, B. T., Williamson, D. E., Keane, T. M., Peterson, A. L., Krystal, J. H., for the Consortium to Alleviate PTSD (2022). Dose-Related Effects of Ketamine for Antidepressant-Resistant Symptoms of Posttraumatic Stress Disorder in Veterans and Active Duty Military: A Double-blind, Randomized, Placebo-Controlled Multi-Center Clinical Trial. *Neuropsychopharmacology*; <https://doi.org/10.1038/s41386-022-01266-9>



022-01266-9

Lynnette A. Averill, Chadi G. Adballah. *Expert Opin Investig Drugs*. 2022 Feb;31(2):133-137. doi: 10.1080/13543784.2022.2035358. Epub 2022 Feb 21. Investigational drugs for assisting psychotherapy for posttraumatic stress disorder (PTSD): emerging approaches and shifting paradigms in the era of psychedelic medicine

Lynnette A Averill , Christopher L Averill , Ralitz Gueorguieva , Samar Fouda , Mohamed Sherif , Kyung-Heup Ahn , Mohini Ranganathan , Deepak Cyril D'Souza , Steven M Southwick , Gerard Sanacora , Ronald S Duman , John H Krystal , Chadi G Abdallah. *J Affect Disord*. 2022 Apr 15;303:91-97. doi: 10.1016/j.jad.2022.01.104. Epub 2022 Jan 29. mTORC1 inhibitor

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Tales of the Clinic series: Under the editorial leadership of Dr. Nidal Moukaddam, Baylor continues to publish monthly case studies in a Psychiatric Times series titled Tales of the Clinic: The Art of Psychiatry. This series involves our trainees, as well as faculty, in authorship and scholarly publications:

- Kristen Laster, M.D., Andres Ojeda, M.D., March 10, 2022. "I Want to Do This for My Baby": The Woes of Pregnancy and Addiction
- Jennifer Howse, M.D., Sarah Lateef, February 23, 2022. Surviving Survivorship
- Hira Hanif, M.D., Christie Aldrich, M.D., Kim Parks, M.D., January 17, 2022. Everyone Relapses Anyway. Or Do They?
- Jennifer Howse, M.D., January 12, 2022. Delirium: Don't Miss It

Daza, Patricia, *Psychology Today*, "Encanto: An Important Movie about Family, February 2022.

Dr. Robert Boland gave editorial contribution as associate editor of *Psychosomatic Medicine*, the official journal of the American Psychosomatic Society.

Presentations

Wesley Boyd, M.D., Ph.D., professor and director, Substance Use Disorders Program:

"Immigration/Asylum Work During COVID," Diversity in Mental Health Practice, Continuing Medical Education, Harvard Medical School. January 21, 2022.

Kim-Lan Czelusta, M.D., associate professor and Vice Chair for Education:

American Association of Directors of Psychiatric Residency Training annual meeting, March 2022:

- "Residents with Difficulties: When Accommodation and Performance Collide," Kim-Lan Czelusta, M.D., Vishal Madaan, M.D., Ann Cunningham, D.O., Tanya Keeble, M.D., Rick Carlson, M.D.
- "New Training Director Symposium," Kim-Lan Czelusta, M.D., Sourav Sengupta, M.D.

- "The Nontraditional Trainee: Beyond race, ethnicity, gender and sexual orientation – Taking the next step towards diversity, equity, and inclusivity," Kim-Lan Czelusta, M.D., Sana Younus, M.D. (BCM PGY3), Fiona Fonseca, M.D.

Rose Yang, Psy.D., staff psychologist at The Menninger Clinic, assistant professor, BCM:

BCM Grand Rounds with Dr. Phuong Nguyen, "Impact of Social and Cultural Issues on the Asian American & Pacific islander Community and Recommendations for Mental Health Treatment"

Kerry Horrell, Ph.D., staff psychologist at The Menninger Clinic, assistant professor, BCM:

The Health Museum, "Parents, Let's Talk About Mental Health" on Shame and Guilt.

Presentations

Lynette Averill, Ph.D., clinical research psychologist:

- **Panel: South by Southwest (SXSW).** “Common Ground: Modeling Psychedelic Policy Action.” Panel discussion with Texas State Rep. Alex Dominguez and Marcus and Amber Capone, founders of Veterans Exploring Treatment Options (VETS): TX HB1802 and model legislation for considering thoughtful policy around mental health and psychedelic medicine. March 2022.
- **Anxiety and Depression Association of America.** “Suicide Risk and Prevention: Emerging Findings Regarding Experience, Perspectives, and Underlying Neurobiological Mechanisms” with Lindsey Monteith, Ph.D., March 2022.

Asim Shah, M.D., professor, Executive Vice Chair:

- **Keynote Speech: Arkansas Academy of Nutrition and Dietetics (ArAND) 2022 AME Conference.** “Mental Health, Resilience, and Wellness for Healthcare Practitioners During COVID-19.” March 31, 2022.
- **Lecture: Habib University Karachi Pakistan.** “Navigating through misinformation during COVID times,” January 14, 2022.
- **Lecture, Pakistan International Hospital, Karachi, Pakistan.** “Importance of caregivers in mental health,” January 16, 2022, and chief guest to inaugurate the unit.
- **BCM Grand Rounds,** “Lithium and its use as an anti-suicide medicine” at Department of Psychiatry, Jinnah Post Graduate Medical Center, Karachi Pakistan. January 14, 2022.

Chadi Abdallah, M.D., associate professor:

- **Computational and Molecular Psychiatry Seminar, University of Iowa.** “Connectome Fingerprints of Behavioral Symptoms and Treatments,” Computational and Molecular Psychiatry Seminar, Iowa City, March 2022.

Anxiety and Depression Association of America, March 2022, presentations and posters:

- Dr. Michelle Patriquin, “Sleep & Suicide: Uncovering Treatment Refractory Trajectories for Inpatient Psychiatry”
- Dr. Taek Oh, “Trajectory Modeling of Clinical Outcomes from an Inpatient Psychiatric Clinic”
- Tiffany Tran, Danna Ramirez, Dr. Katrina Rufino, Dr. Michelle Patriquin; “Chronic Feelings of Emptiness Increase Emotional Awareness Problems and



Alex Dominguez, Lynette Averill, Amber Capone, and Marcus Capone on the SXSW panel regarding psychedelic policy action.

Depression and Anxiety Levels in Adult Psychiatric Inpatients” (poster)

- Chris Shepard, Dr. Katrina Rufino, Dr. Michelle Patriquin; “Psychiatric Symptom Improvement Patients Admitted Inpatient During COVID-19: Promoting Mental Health Improvements Through a Maintained Therapeutic Environment” (poster)
- Danna Ramirez, Tiffany Tran, Dr. Katrina Rufino, Dr. Michelle Patriquin; “Inpatients with Narcissistic and Avoidant Personality Traits: Examining the Interactions Between Personality Pathology, Depression and Anxiety”

Mary Rose, Psy.D., staff psychologist at The Menninger Clinic:

The Health Museum, “How to Improve Your Child’s Sleep.”

Daryl Shorter, M.D., medical director of Addictions Services at The Menninger Clinic:

Webinar, “Moving Toward a Unified Model of Addictions Treatment,” jointly provided by The Pavilion, Alina, and Menninger.



Chris Shepherd, Tiffany Tran, Danna Ramirez, Katrina Rufino, Taek Oh, and Michelle Patriquin at the ADAA conference.

Presentations (cont.)

Kelly Truong, M.D., staff psychiatrist at The Menninger Clinic, assistant professor, BCM:

The Health Museum, "Asian Americans and Addictive Behaviors--What No One Wants to Talk About."

Mark Yurewicz, M.D., staff psychiatrist at The Menninger Clinic, assistant professor, BCM:

BCM Psychiatry Grand Rounds, "Our Bias is a Problem: Addressing Clinician Stigma Against Addictions."

**Presentations are self-reported. Please submit your presentations to vicki.powers@bcm.edu

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