

BAYLOR COLLEGE OF MEDICINE

SPRING 2023

OB-GYN INTEREST GROUP



BCM GOBIG

ADVOCACY • EDUCATION • MENTORSHIP • RESEARCH

Designed by Sarah Bohac

POST-MATCH MIXER

Congratulations to all of our 4th years that matched into OB/GYN!

Match Day was full of OB/GYN excitement this year with 6 BCM students matching into the field. Following all of the Match Day festivities, GOBIG celebrated with a Post-Match Mixer at West Alabama Icehouse. The night was full of good food, drinks, camaraderie, and advice for the rising fourth years. 9 students attended with an even split of recently matched and rising applicants. We are so excited to see our friends and future colleagues succeed in residency!

AWAY ROTATION + CV WORKSHOP

This year MS4 leaders from GOBIG and the Student Surgical Society (SSS) co-hosted an Away Rotation and CV Development Workshop. Mary Fang started the event by leading the group through a mock away rotation application on the VSLO website. We then had a panel of 4 fourth years that shared their experiences applying to and partaking in away rotations. They also shared tips on developing and formatting one's CV for away rotations, letter writers, and ERAS. Around 40 students of varying specialty interest and academic years attended, the majority being interested in OB/GYN.

Pictured to the right are 3 GOBIG members who served as panelists.
From left: Navya Kumar, Mary Fang, Kara Shannon



GIRLS ELEVATED

Girls Elevated is an event hosted by The Texas Children's Hospital Pediatric and Adolescent Gynecology Department. Houston-area girls ages 8-18 and their families are able to attend and participate in a day-long, interactive educational experience about puberty and women's health. This year it was held on Saturday, April 1st and GOBIG was able to assist in making this event so successful!

The morning was spent in a large group session, where girls learned about different aspects of puberty and played a series of interactive learning games where they were able to win prizes. In the afternoon, the girls transitioned to small groups based on age. In small groups they discussed more age-focused topics. Some of the topics included safe and healthy relationships and consent.

Planning for Girls Elevated 2024 is already in the works. If you'd like to participate, please reach out to us or the Pediatric and Adolescent Gynecology Department!



BCM GOBIG NEWSLETTER

SPRING 2023



MARCH FOR CHANGE

On April 25th, 2023, we partnered with the March of Dimes to advocate for Texas mothers. 7 students took a shuttle to the Texas capitol to meet with Texas representatives and discuss the importance of postpartum access to care. In total, our team spoke to 20 Texas representatives, senators, or staff about House Bill 12, which would expand postpartum Medicaid to 12 months in Texas. We asked for their support and talked about the difference the Medicaid expansion would make in the lives of moms across the state of Texas. We are so thankful to our MS1 Representative, Ally Nevins, for organizing our involvement in this advocacy!

Pictured top, from left: Meghana Nadella, Geneva Pantoja, James DeCuir, Abby Rex
Bottom, from left: Anna Norman, Ally Nevins

RESEARCH TALK WITH DR. CARROLL

In April we met with Dr. Carroll at main Baylor to discuss how to get involved with research. Dr. Carroll explained different kinds of research available to medical students, comparing basic and clinical research. He then gave us perspective on what a strong research resume looks like when applying to OB/GYN residencies.

We are so excited to get involved in the groundbreaking research being done here at Baylor College of Medicine. If you are looking for assistance in a project or are open to mentoring students with their own research questions, please upload them to the SOAR database or reach out to our executive team!

DIA DE LA MUJER HEALTH FIESTA

In May we partnered with Día de la Mujer Latina and Drs. Carroll and Drum to offer free pap-smears and breast exams to the underserved Latinx community in Houston. This Health Fiesta is a part of a Health Equity tour to locations throughout the United States, Mexico, the Dominican Republic, and Puerto Rico. Their mission is to promote healthy behaviors by providing culturally and linguistically proficient education, and facilitating early detection screening and preventative care interventions. Should follow up be needed after screening, Dia de la Mujer contacts individuals and assists in connecting them with resources closest to them. This was our second year working with Día de la Mujer Latina and our station alone was able to provide screening for over 100 women!

Pictured from left: McKenna Gessner, Ariana Olvera, Sarah Casey, Dr. Carroll, Sarah Bohac



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WOMEN'S HEALTH IN SPACE WITH DR. FOGARTY

On May 31st, we partnered with the Space Medicine Interest Group (SMIG) to host Dr. Jennifer Fogarty. Dr. Fogarty is an assistant professor for the Center of Space Medicine and chief scientist for Translational Research Institute for Space Health. She led a talk on the many considerations of health in female astronauts and current research regarding women's health in space. 8 students joined via Zoom, with Uber eats vouchers available those that RSVPed. We enjoyed getting to hear about this unique population!

RESEARCH BY GOBIG

Below is a list of projects our members have been involved with during the Spring 2023 semester. GOBIG members' names are bolded and underlined.

Carranco S, **Bohac S**, **Casey S**, Conrad SK. (2023). Trends in Contraceptive Choices Among Patients Delayed in Receiving Bilateral Tubal Ligation Due to the COVID-19 Pandemic. 2023 ACOG Annual Clinical and Scientific Meeting, Baltimore, MD (Poster).

Fang ME. (2023). Improvement of maternal morbidity and mortality: Maternal level of care, maternal transport, and regionalization. Neonatology Today, 18(2):98-99.

Shannon KJ, VanLoh S, Espinoza J ... Angelo J, Belfort MA, Nassr AA. (2023). Fetal bladder morphology as a predictor of outcome in fetal lower urinary tract obstruction. Prenatal Diagnosis. Epub ahead of print.

Fang ME, Carrillo-Kappus K, Gatta L, Dotters-Katz S. (2023). Peripartum infection of the pubic symphysis by an unusual organism. Infectious Diseases Society for Obstetrics and Gynecology 2023 Annual Meeting, Denver, CO (Poster).

Fang ME, Chartier A, Dalal L, Ciomperlik H, **Matar J**, Chen HY, Stafford IA. (2023). Differences in indications for delivery based on COVID-19 status in an underserved pregnant cohort. Infectious Diseases Society for Obstetrics and Gynecology 2023 Annual Meeting, Denver, CO (Poster).

- Trainee travel award scholarship.

Shah S, Bulsara S, Hilsenbeck S ... **Fang ME** ... Rimawi M, Higashiyama N, Nangia J. (2023). Pathologic complete response in germline mutation carriers by mutation type and biomarkers in a safety-net population. American Society of Clinical Oncology 2023 Annual Meeting, Chicago, IL (Poster).

Hamouie A, **Matar J**, Miller B, Demet R, Tubman V. (2023). Reproductive health counseling and contraceptive use in adolescents with sickle cell disease. North American Society for Pediatric and Adolescent Gynecology 2023 Annual Meeting, Nashville, TN (Poster).

Stafford H, Joshi T, Tschen J. (2023). Oral Squamous Cell Carcinoma in Association with Oral Lichen Planus: A Case Report. Baylor College of Medicine Department of Medicine Housestaff Research Symposium, Houston, TX (Poster, Oral).

- 2nd place in Clinical Research.

If you would like to get involved with GOBIG, please contact our presidents, Sarah Bohac (Sarah.Bohac@bcm.edu) and Nandita Ramkumar (Nandita.Ramkumar@bcm.edu).

