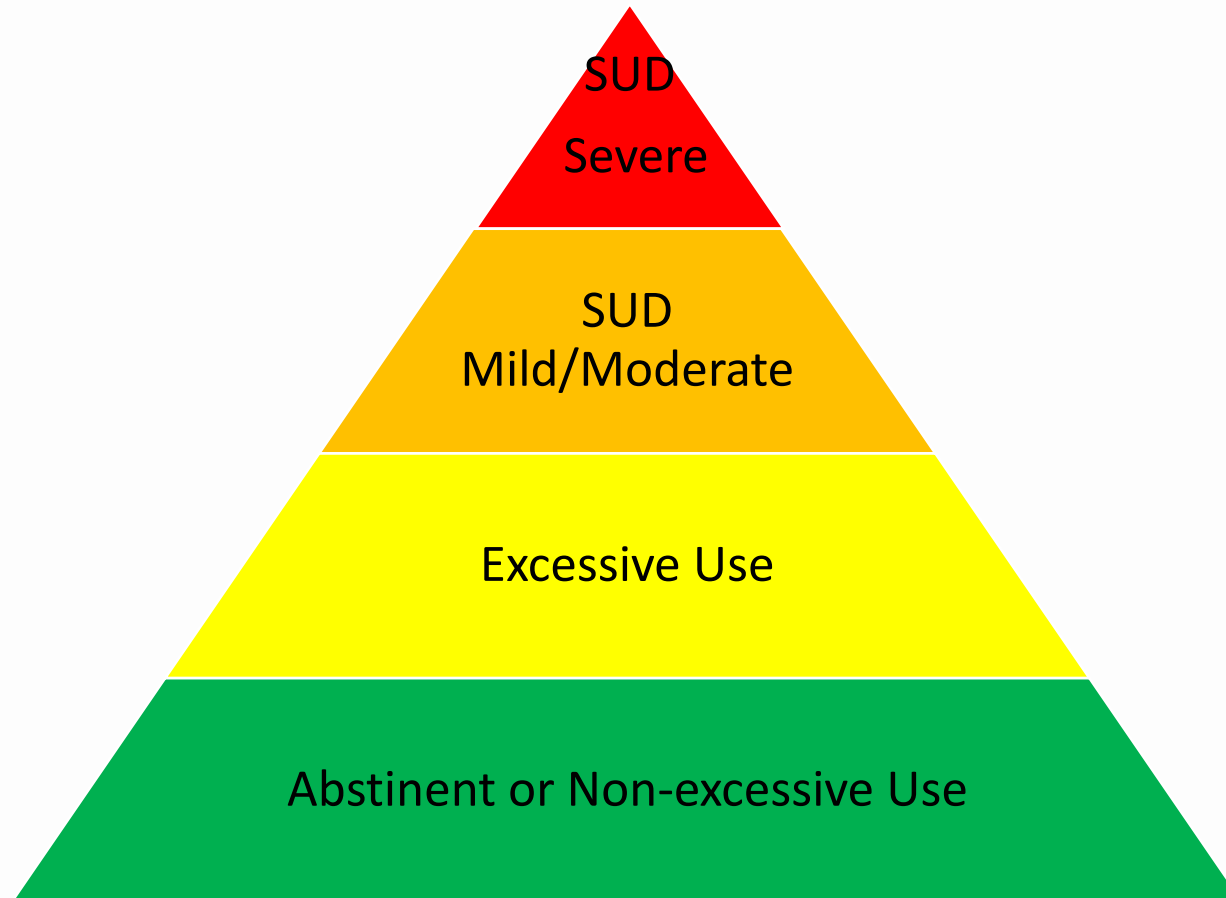


# Substance Use Continuum



## Substance Use Continuum

Level	Use	Consequences	Repetition	Loss of control, preoccupation, compulsivity, dependence
SUD Severe	*	*	*	*
SUD Mild/ Moderate	*	*	*	N/A
Excessive Use	*	*	N/A	N/A
Abstinent or Non- excessive Use	* OR N/A	N/A	N/A	N/A

Substance  
Use  
Disorders  
(SUDs)  
DSM-5

- 2 – 3 of the following criteria for > 1 year = mild SUD
- 4 – 5 of the following criteria for > 1 year = moderate SUD
- 6+ of the following criteria for > 1 year = severe SUD

Criteria

- Role impairment
- Hazardous use (e.g. driving while intoxicated)
- Cravings for substance
- Social or interpersonal problems due to substance
- Tolerance
- Withdrawal symptoms
- Using the substance more than intended
- Unsuccessful attempts to cut down
- Excessive time related to substance
- Impaired social or work activities
- Use despite physical/ psychological consequences

Your patient is the 19yo daughter of a colleague who is seeing you ostensibly for a birth control visit, but your colleague shared their concerns about her marijuana use, which they think is continuing when she visits her boyfriend on weekends and contributed to her slipping GPA and losing a merit-based scholarship at college this past semester.

Where do you think this patient will screen on the substance use continuum?

---

A. Non-excessive use/abstinence

---

B. Excessive use

---

C. Mild/Moderate Cannabis Use Disorder

---

D. Severe Cannabis Use Disorder