

# Texas Mental Health Equity Mentor Network

In 2007, the Texas Mental Health Equity Mentorship Network, the TMHEMN (formerly known as the Texas Regional Mental Health Minority Mentor Network) became a regional extension of the American Psychiatric Association's National Minority Fellowship Programs. The APA's Office of Minority and National Affairs, Baylor College of Medicine, The University of Texas Health Sciences Center-Houston originally joined in this collaborative effort. Subsequently, the network expanded to include The University of Texas Health Science Center-San Antonio and Texas A&M Health Science Center.

## Goals and Objectives

- Create educational, mentoring and career opportunities for mental health trainees and or faculty who are members of under-represented groups
- Support programming that assists with the elimination of mental health and other health disparities
- Promote the acquisition of cultural competency in all areas of medical education and mental health training: medical school, psychiatry and psychology training, and continuing education for psychiatry and psychology

## Educational Programs

TMHEMN has supported the development and implementation of cultural competence education (CCE) in a variety of domains: didactics for medical students, psychiatry and pediatric residents and mental health professionals. CCE has been conducted in numerous venues and in association with national and international organizations including the All Healers Mental Health Alliance, the American Psychiatric Association, the Association for Academic Psychiatry, the American Academy of Child and Adolescent Psychiatry, the Black Psychiatrists of America, and the International Association for Child and Adolescent Psychiatry and Allied Professions.

## Mental Health Outreach Projects

TMHEMN members have developed and participated in numerous community outreach programs. The various mental health screenings have occurred in homeless shelters, community settings and within communities of faith to increase access and reduce stigma in underserved populations.

## Mentorship

One of the primary goals of the network is to facilitate mentorship for trainees and junior faculty with Senior Faculty to advance their careers through clinical, academic, research, and personal development.

## Leadership

Current Baylor College of Medicine Leadership:  
BCM and Regional Director-Dr. Michael McClam  
Education Coordinator-Dr. Micaela Wexler  
Membership Coordinator-Dr. Britney Lambert  
Research Coordinator-Dr. Joshua Hamer

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